

2011-
2012

Student-Athlete Handbook



University of Delaware
2011-2012

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INTRODUCTION

This handbook was written specifically for you, as a student-athlete at the University of Delaware. It should be used as a quick reference guide to help you through UD and NCAA systems, rules and regulations, with the successful completion of your degree being the primary and ultimate goal.

While there is a lot of valuable, quick reference information in the pages that follow, this handbook should not replace the general undergraduate catalog or the NCAA rules manual. Information has been included to help explain the policies and regulations asked frequently by student-athletes.

However, we realize that you may have specific questions or concerns about items not addressed in the handbook.

Be sure to keep this handbook with you throughout your career as a student-athlete at UD. Referring to the handbook will save you time and energy while helping you to maintain your athletic eligibility.

Please note that policies are reviewable and subject to change each year. If any significant changes are made to rules or regulations you will be notified. The most updated version of this handbook can be found on bluehens.com. Please contact the Student Services for Athletes staff with any questions or concerns.

LETTER FROM DIRECTOR OF ATHLETICS- BERNARD MUIR

Dear Blue Hen Student-Athlete:

On behalf of the Athletic Department's coaches and staff, I welcome you as a student-athlete representing the University of Delaware. As a proud member of our intercollegiate athletic program, you have the chance to compete among the nation's best. Our programs enjoy a storied tradition and vie regularly for championships in the Colonial Athletic Association (CAA). New opponents, new rivalries, and new friendships are an invigorating part of your development as a student-athlete, and we look forward to guiding you through the challenges and opportunities that lay ahead for you and your teammates.

Representing the "Blue and Gold" in athletic competition is considered by many to be the most important out-of-class experience you can have during your collegiate career. Athletics at Delaware has been successful in many ways, and we all take pride in a tradition that's marked not only by success on the playing fields and in the classroom, but also by the many lifetime friendships developed. As a student-athlete, you will be challenged every day, and you will reap the rewards of strong commitment and perseverance.

With student-athlete status comes responsibilities not typical of those of the general student body. The new Student-Athlete Handbook outlines many of the department's expectations of you, and the obligations and opportunities you'll face in this role. Please read it carefully and use it as a guide throughout your time at UD. Along with the outstanding "professor-coaches" on our staff, the handbook is a valuable resource for you and a strong support to your overall Blue Hen experience.

Best wishes for an exciting season ahead and for great success. Go Blue Hens!

Sincerely,

Bernard Muir
Director of Athletics

UNIVERSITY OF DELAWARE MISSION STATEMENT:

The University of Delaware exists to cultivate learning, develop knowledge and foster the free exchange of ideas. State-assisted yet privately governed, the University has a strong tradition of distinguished scholarship, research, teaching and service that is grounded in a commitment to increasing and disseminating scientific, humanistic and social knowledge for the benefit of the larger society. Founded in 1743 and chartered by the state in 1833, the University of Delaware today is a land-grant, sea-grant, space-grant.

The University of Delaware is a major research university with extensive graduate programs that is also dedicated to outstanding undergraduate and professional education. University faculty are committed to the intellectual, cultural and ethical development of students as citizens, scholars and professionals. University graduates are prepared to contribute to a global society that requires leaders with creativity, integrity and a dedication to service.

The University of Delaware promotes an environment in which all people are inspired to learn and encourages intellectual curiosity, critical thinking, free inquiry and respect for the views and values of an increasingly diverse population.

DIVISION OF INTERCOLLEGIATE ATHLETICS AND RECREATION SERVICES MISSION STATEMENT:

The primary mission of the University of Delaware's Division of Intercollegiate Athletics and Recreation Services (Division) is to provide meaningful learning experiences through physical and mental exertion. The Division's multifaceted approach will provide a variety of programs while educating students to be responsible, contributing citizens. This will be accomplished by providing participation opportunities in fitness, club sports, intramurals and overall wellness programs while fielding championship-seeking intercollegiate athletics teams. The following will serve as guiding principles: a "students-first" focus, academic integrity, equity and inclusion, access and opportunity, sportsmanship, quality leadership and facilities, authentic excellence and fiscal responsibility. To this end, a robust intercollegiate athletics and recreation program will support a healthy and vibrant campus by encouraging the University community to go beyond their individual limits, become leaders and establish a zest for life-long learning and wellness. Supporting the University's *Path to Prominence™*, The Division dares to build on its history and embrace the future, relentlessly pursuing excellence.

DIRECTORY

ATHLETICS STAFF

Academics (Student Services for Athletes)

Tim Morrissey	Director, Student Services for Athletes	831-4571
James Coleman	Assistant Director, Student Services for Athletes	831-0757
Rachel Fineberg	Assistant Director, Student Services for Athletes	831-4294
Jessica Meyers	Academic Coordinator	831-0672
Nigel Brown	Academic Coordinator	831-2550
Gilah Rosenberg	Academic Coordinator	831-2550

Admissions

Tom Coder	Athletics Admissions Liaison	831-6464
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Senior Administration

Bernard Muir	Director of Athletics and Recreation Services	831-4006
Samantha Huge	Deputy Director of Athletics and Rec. Services	831-4006
Scott Eatough	Associate AD, Business	831-4506
Stacey Bunting	Associate AD, External Relations	831-4988
Sue Groff	Associate AD, Operations and Facilities/SWA	831-3666
Jake Olkkola	Associate AD, Recreation Services	831-1542
Brian Baptiste	Associate AD, Compliance	831-0883
Augie Maurelli	Associate AD, Student-Athlete Performance	831-4046

Athletic Training

John Smith	Assistant AD, Athletic Training	831-2196
Joan Couch	Associate Head Athletic Trainer	831-2255
Dan Watson	Assistant Athletic Trainer	831-7228
Courtney Butterworth	Assistant Athletic Trainer	831-0565
Jonathan Boone	Assistant Athletic Trainer	831-0565
Rachel Schlachet	Assistant Athletic Trainer	831-0565

Compliance

Kerri Cebula	Student-Athlete Eligibility & Financial Aid Coordinator	831-2840
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Equipment

TBD	Head Equipment Manager	831-4047
Keith Moodie	Assistant Equipment Manager	831-8654

Athletics Operations

Alicia Greco	Assistant AD, Operations	831-8660
Kevin Zuchorski	Operations Assistant	831-0767
Domenic Sicilia	Director, Bob Carpenter Center	831-4015
Vest Johnson	Associate Director, Bob Carpenter Center	831-4014
George Watson	Maintenance and Technical Coordinator, Bob Carpenter Center	831-4125
Karen Lofthouse	Events Coordinator, Bob Carpenter Center	831-4507

Marketing

Kristy Fletcher	Assistant AD, Marketing and Promotions	831-1519
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Ross Schwarzber	Assistant Director, Athletics Marketing	831-6313
Media Relations		
Scott Selheimer	Assistant AD, Media Relations, SID	831-2186
Kevin Tritt	Assistant Sports Information Director	831-8715
Sports Medicine		
Dr. Andrew Reisman	Assistant AD for Sports Medicine	831-2482
Dr. Geoffrey Gustavsen	Sports Medicine Physician	831-2482
Mary Zagar, RN	Sports Medicine Nurse	831-2482
Lisa Sinclair, RN	Sports Medicine Nurse	831-2482
Tickets		
Trent Bartling	Director, Athletics Ticket Operations	831-0606
Barbara Fleming	Season Ticket Manager	831-4109

COACHES

Baseball

Jim Sherman	Head Coach	831-8596
Dan Hammer	Associate Head Coach	831-2723
Mike Ranson	Assistant Coach	831-3097

Basketball

Monté Ross	Head Men’s Coach	831-2724
Phil Martelli	Assistant Coach	831-8662
Jeff Rafferty	Assistant Coach	831-4262
Mike Pegues	Assistant Coach	831-8045
Saul Rafel-Frankel	Director of Basketball Operations	831-4344
Tina Martin	Head Women’s Coach	831-8663
Jeanine Radice	Associate Head Coach	831-3577
Tom Lochner	Assistant Coach	831-4044
Tiara Malcom	Assistant Coach	831-4915
Allie Fedorowicz	Director of Basketball Operations	831-4995

Field Hockey

Rolf van de Kerkof	Head Coach	831-6721
Laree Beans	Assistant Coach	831-0881
Chelsea Cipriani	Assistant Coach	831-0881

Football

K.C. Keeler	Head Coach	831-2253
Jim Hofher	Offensive Coordinator/Quarterbacks	831-8581
Nick Rapone	Defensive Coordinator/Defensive Backs	831-8655
Brian Ginn	Assistant Coach	831-6099
Damien Wroblewski	Assistant Coach	831-2254
Brad Sherrod	Assistant Coach	831-4045
Phil Petite	Assistant Coach	831-8656
Gregg Perry	Assistant Coach	831-8658
David Boler	Assistant Coach	831-8586
Henry Baker	Assistant Coach	831-8657
Frank Law	Assistant Coach	831-6354
Jerry Oravitz	Director of Football Operations	831-4431
Dave Baylor	Personal Development Coach	831-2949

Golf

Mike Keogh	Head Men’s Coach	831-0682
Patrick Aylward	Assistant Coach	831-0682
Patty Post	Head Women’s Coach	831-6678
Victoria Stefansen	Assistant Coach	831-6678

Lacrosse

Bob Shillinglaw	Head Men's Coach	831-8661
Greg Carroll	Associate Head Coach	831-3626
Rob Cross	Assistant Coach	831-3626

Kateri Linville	Head Women's Coach	831-4057
Kristin Hopson	Assistant Coach	831-0880
Kristen Carr	Assistant Coach	831-4875

Rowing

Laura Slice	Head Coach	831-0882
Jinny Jang	Assistant Coach	831-4844

Soccer

Ian Hennessy	Head Men's Coach	831-8603
Jon Scheer	Assistant Coach	831-0261

Scott Grzenda	Head Women's Coach	831-8915
Ginna Lewing	Assistant Coach	831-0231

Softball

Jaime Wohlbach	Head Coach	831~8608
Michele Hawkins	Assistant Coach	831-1071

Strength and Conditioning

Brian Hess	Assistant Coach	831-4046
Melissa Boldt	Assistant Coach	831-4046

Swimming and Diving

John Hayman	Head Coach	831-8604
Rory Coleman	Assistant Coach	831-0207
Pete Metrisko	Assistant Coach/Diving	831-3208

Tennis

Laura Travis	Head Men's and Women's Coach	831-8651
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Track & Field/Cross Country

Jim Fischer	Head Men's Coach	831-8846
Wendy McFarlane	Head Women's Coach	831-8738
Larry Pratt	Assistant Coach	831-8846
Chris Watson	Assistant Coach	831-8846

Volleyball

Bonnie Kenny	Head Coach	831-8606
Cindy Gregory	Associate Head Coach	831-2090
Doug English	Assistant Coach	831-0250

PERSONAL CONDUCT AND SPORTSMANSHIP

SPORTSMANSHIP

1. The demonstration and encouragement of sportsmanship in word and action is expected of all UD coaches, student-athletes, and spectators.
2. One of the important objectives of the UD Intercollegiate Athletics Program is to “demand sportsmanship, fair play, and adherence to the spirit, as well as the letter, of any applicable rules by coaches, athletes and spectators”.
3. The Colonial Athletic Association sportsmanship policy states that “a player or coach who is ejected from a contest for unsportsmanlike conduct/behavior will automatically be suspended for the next game.

GAMBLING

NCAA rules (Bylaw 10.3) preclude athletic staff members and student-athletes from:

1. Providing information to individuals involved in organized gambling activities concerning intercollegiate athletics competitions.
2. Soliciting a bet on any intercollegiate team.
3. Accepting a bet on any team representing the institution.
4. Solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has a tangible value.
5. Participating in any gambling activity that involves intercollegiate athletics or professional athletics through a bookmaker, a parlay card, or any other method employed by organized gambling.

Prospective or enrolled student-athletes found in violation of the provisions of this regulation shall be ineligible for further intercollegiate competition, subject to appeal to the NCAA Eligibility Committee for restoration of eligibility.

TEAM INITIATIONS AND HAZING

The practice of hazing as a team initiation rite is strictly prohibited and is a violation of undergraduate student policy. (See <http://www.udel.edu/stuguide/09-10/code.html#hazing>). It is not acceptable and there will be a “zero-tolerance” for any such activity.

Hazing is defined as “any activity expected of someone joining a group that humiliates, degrades, abuses, or endangers, regardless of the person’s willingness to participate.” Violations to this hazing policy are subject to suspension from the squad.

SEXUAL HARASSMENT

- Student-athletes need to familiarize themselves with the “University Policy against Sexual Harassment” in *The University of Delaware Policies and Procedures Manual*.
- See <http://www.udel.edu/stuguide/11-12/code.html#harass>

STUDENT/COACH RELATIONS

Frequent socializing between coaching staff and students affiliated with teams is viewed as inappropriate behavior.

SOCIAL NETWORKING

The University of Delaware Department of Athletics and Recreation Services recognizes and supports its student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. However, each student-athlete must remember that playing and competing for the University of Delaware is a privilege, not a right. Student-Athletes should be concerned with any behavior that might reflect poorly on themselves, their families, their teams, and/or the University of Delaware. As a student-athlete, you have the responsibility to portray yourself, your team, and the University in a positive manner at all times. Such behavior includes any activities conducted online.

Student-Athletes are not restricted from using any online social network sites and digital platforms. However, student-athletes must understand that any content they make public via online social networks or digital platforms are expected to follow acceptable social behaviors and also remain consistent with federal government, state of Delaware, team, Department, University of Delaware and NCAA rules and policies.

It is incumbent upon student-athletes to be aware of university regulations regarding social networking sites. Ignorance of these regulations does not excuse student-athletes from adhering to them.

Guidelines for Student-Athletes

These guidelines are intended to provide a framework for student-athletes to conduct themselves safely and responsibly in an online environment. As a student-athlete at the University of Delaware, you must keep the following guidelines in mind:

1. Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, comments, and posters) may be accessible even after you remove it.
2. Use caution when adding someone or inviting someone to be a friend. Many individuals are looking to take advantage of student-athletes, to get close to student-athletes to give themselves a sense of membership, or to gain information about you, your teammates, or your team for the purpose of sports gambling or negative publicity.
3. Limit the posting of personal information like your home address, local address, phone number(s), birth date, as well as your whereabouts or your plans to minimize the potential of being a victim of any criminal activity.
4. Be aware that many employers, graduate school personnel, and scholarship committees often review social networking sites as part of their overall evaluation of an applicant. What you post may negatively affect your future. Protect yourself by maintaining a positive image and carefully consider how you want people to perceive you before posting any information.

Prohibited Conduct

The Department of Athletics and Recreation Services will not tolerate inappropriate content and behavior online. Inappropriate content is anything illegal. This may include but is not limited to: partial or total nudity, underage consumption of alcohol, hazing activities, tobacco use, obscene gestures, derogatory statements or vulgar language.

Institutional Action

Any inappropriate activity or language in a student-athlete's profile and its contents that are found to be inappropriate in accordance with the above prohibited conduct shall subject the student-athlete to an investigation and possible institutional action by the Department of Athletics and Recreation Services. Institutional action imposed by the Director of Athletics, and/or designee and your coach may include, but are not limited to, the following:

- Written notification from the Director of Athletics or designee to the student-athlete outlining the policy and requiring that the inappropriate content be removed within 24 hours or the social network profile deactivated.
- Temporary suspensions from the team until prescribed conditions are met.
- Suspensions from social networking activity for a prescribed period.
- Suspension from the team for a prescribed period.
- Indefinite suspension from the team.

Student-athletes are required to sign an agreement to this policy at the beginning of each academic year in order to be eligible for competition. For a copy of this agreement, contact the Associate Director of Athletics for Compliance, Brian Baptiste 831-0883.

ACADEMICS

STUDENT SERVICES FOR ATHLETES (SSA)

The University of Delaware is committed to promoting both academic and athletic achievement. Toward this commitment, the Student Services for Athletes Program assists student-athletes in making the best possible academic and personal adjustment to campus life. The Student Services for Athletes program subscribes to the life skills development model of supportive services. Student-athletes should look to SSA for academic guidance, tutoring, counseling, personal and career development and HENS peer mentoring programming.

The staff of Student Services for Athletes works closely with coaches, faculty, and student services personnel to help student-athletes better balance the demands of academic responsibilities with participation in athletics. In addition to its role as a direct service provider, a primary goal of the Student Services for Athletes Program is to make student-athletes aware of the various services and resources available to them at the University to help them make the best use of these services and resources. For more information on Student services for Athletes, please visit their [website](#).

ACADEMIC INTEGRITY

The University of Delaware aims to foster a spirit of honesty and academic integrity. You are expected to do your own work and neither give nor receive assistance during quizzes, examinations or other class exercises. One form of academic dishonesty is plagiarism, which is the theft of ideas of their manner of expression. If you have any doubts or questions in this regard, consult with your instructor. The penalties for academic dishonesty are severe.

For more information on plagiarism and other University policies on Academic integrity please see: <http://www.udel.edu/stuguide/11-12/code.html>

ADVISEMENT

Advisement Centers within colleges or departments serves as advisors for undergraduate students. If you do not know who your advisor is, check for it on UDSIS and/or consult your department or dean's office. All students should consult their academic advisors for assistance in proper planning and academic scheduling for registration. Student-athletes are encouraged to discuss their academic plans with Student Services for Athletes (SSA) staff prior to meeting with their advisors. You are urged to schedule periodic appointments with your advisor in order to ensure that you are satisfying all graduation and NCAA degree % requirements.

CLASS EXPECTATIONS

Class attendance

Attending class is the best way to maximize your chances for academic success at the University of Delaware. The classroom provides much of the material which will form the basis for projects, assignments and examinations. Although attendance is not taken in all courses, there are many in which classroom participation figures heavily into final grades. There are also instances in which instructors consider attendance and participation in evaluating borderline performance. **Be sure to check the syllabus for each class to find the instructor's attendance policy.**

If you must miss class, it is your responsibility to notify the instructor as soon as possible. Absences for serious illness and religious reasons may be excused, as can absences due to family death or illness.

Excused absences

Absences for **participation in intercollegiate athletics** may also be excused, **provided you notify your instructors in writing during the first two weeks of the semester.** Failure to notify the instructor **in writing in advance** of intercollegiate athletics competition relieves the instructor of any obligation to treat your absence as excused. To assist you with informing your instructors about your participation in intercollegiate athletics events, we have provided a sample letter at the end of this handbook which you may use as a guide. The Student Services for Athletes office also has forms available to use as notification letters to your instructors for competition related absences. It is also suggested that, in addition to the written notification, student-athletes remind their instructors a few days prior to the missed class of their absence.

Priority scheduling

1. Student-athletes receive partial priority during class registration periods. Registration university-wide is determined by seniority. Freshman and sophomore student-athletes are elevated behind juniors on campus.
2. The drop/add period prior to the beginning of each semester provides an opportunity to resolve schedule conflicts. Where conflicts exist, student-athletes are encouraged to consult with Student Services for Athletes staff.
3. Questions regarding priority scheduling should be directed to the Director for Student Services for Athletes.

REGISTRATION

Registration periods are scheduled for returning undergraduate students in April for the fall semester, and in November for spring semester. Newly admitted undergraduate students register during New Student Orientation in the summer, which includes academic advisement. It is the student's responsibility to seek advisement prior to each registration period.

The first ten (10) days of classes in the fall and spring semesters is referred to as the “drop/add period”. It is at this time students may add or drop a course, change the status from or to Listener, and change to or from the pass/fail grading option with no fee or penalty associated with any of the above actions.

To add a course **after the drop/add period requires the approval of the dean of your college**. Other changes in registration may be made after the tenth day of classes, and before the end of the eighth week of the semester. A student dropping a course in this time period will receive a grade of “W” on his or her transcript and a fee will be charged. No tuition rebates will be made after the tenth day.

THE WRITING CENTER

The University of Delaware Writing Center is located in room 016 Memorial Hall. This is a free service provided to all students where students can get tutorials on different types of writing, one-on-one guidance with brainstorming, editing and polishing for papers. They also have the resources to help you cite your references properly or get tutoring. See the [Writing Center](#) website for more information.

CHANGE OF MAJOR, CURRICULUM

Your choice of studies, once made and recorded, can be changed only by following the formal procedures for changes. Admission to certain academic programs is restricted and you should consult with the department chair and dean of the program to which you are seeking admission. You must complete the necessary change of major/college form available from the registrar’s office or follow procedures on the internet.

ACADEMIC DEFICIENCY AND READMISSION PROCEDURES

An undergraduate student may be **dropped** for reasons of **academic deficiency** when the **quality point deficit is 13 or more points**. The student may become eligible for readmission after reducing the quality point deficit to **under seven (7) points**. A student dismissed for academic deficiency must wait one regular semester (fall or spring) before he/she can be considered for readmission as a full-time matriculated student. It is permissible to enroll in the Professional and Continuing Studies department. Students qualifying for readmission will not be guaranteed admission to the program in which they had been previously matriculated.

NOTE: Special Probation

A student with 13 or more deficit points or who had failed to maintain progress toward the degree may be placed on Special Probation if there appear to have been extenuating circumstances and there is evidence to suggest that given further opportunity, the student will be able to meet academic standards.

GRADUATION REQUIREMENTS

In order to graduate from the University, you must complete a minimum of the following requirements:

- ✚ Attainment of a scholastic average of “C” (a cumulative GPA index of 2.00) in all work taken at the University.

- ✚ Satisfaction of the residence requirement by completing either the first 90 credits or the last 30 credits, full- or part-time, at the University of Delaware.
- ✚ One semester of Freshman English (ENGL110).
- ✚ Three (3) credits in an approved multicultural course.

University requirements are in addition to those imposed by your college and major.

NCAA ATHLETIC ELIGIBILITY REQUIREMENTS

The National Collegiate Athletic Association (NCAA) has developed rules and regulations for all intercollegiate athletic teams and athletes. The intent of these regulations is to ensure that college athletics remain amateur competition and that student-athletes do not sacrifice education for athletics. We have summarized the regulations which you should keep in mind at all times.

PROGRESS TOWARD DEGREE

See the University of Delaware Student Handbook for institutional academic requirements.

Student-athletes must meet the following requirements in order to participate in regular season competition. If you have any questions, contact the Student-Athlete Eligibility and Financial Aid Coordinator at 831-2840.

- ✚ Register for a minimum of **twelve (12)** credit hours of academic work each semester in which the sport season occurs.* All courses **must** be taken for a **letter grade or pass/fail**. **Listener** credit does **not** count for athletic eligibility purposes. Remedial courses (ENGL 011; MATH 010) count only for purposes of determining eligibility and do not count toward graduation.

*NOTE: To be eligible to practice, you must be enrolled in a minimum of 12 credits **at all times**. If you are enrolled in the final semester necessary to complete your degree requirements, you may be enrolled in less than 12 credits with the approval from the dean of your college on file with the Eligibility Coordinator.

- ✚ Pass a minimum of **six (6)** credit hours of academic work the previous regular academic semester to participate in the next regular academic semester. Regular academic semesters are the fall and spring semesters.
- ✚ After the **first** academic year is completed, a student-athlete must have:
 1. Earned 24 credits before the start of the sophomore year.
 2. A GPA of 1.8 or better.
 3. Earned 18 credits during the previous academic year.
- ✚ After the **second** academic year is completed, a student-athletes must have:
 1. Satisfactorily completed a minimum of eighteen (18) credit hours during the regular academic year.
 2. A GPA of 1.9 or higher.
 3. Completed 40% of his/her degree program.
 4. Declared a major.
- ✚ After the **third** academic year is completed, a student-athlete must have
 1. Satisfactorily completed a minimum of eighteen (18) credit hours during the regular academic year.
 2. A GPA of 2.0 or better.
 3. Completed 60% of his/her degree program.

- ✚ After the **fourth** academic year is completed, a student-athlete must have:
1. Satisfactorily completed eighteen (18) credit hours during the regular academic year.
 2. A GPA of 2.0 or better.
 3. Completed 80% of his/her degree program.

FIVE-YEAR RULE

You must complete the four allowable season of competition within a **five (5)** calendar year period. The countdown begins with the term in which you first enroll as a full-time student. In general, any participation (no matter how limited) in a season will count as a season of competition. Under certain circumstances, waivers are possible. Information on specifics of this rule may be obtained from your head coach.

TRANSFER CREDITS

Transfer credits, including summer school credits earned at other institutions, must be approved **in advance** by the Dean of your specific college if they are to be used for eligibility purposes. Athletic eligibility (satisfactory progress) is based on your work at the University of Delaware.

COMPLIANCE

Student-athletes must cooperate in all NCAA-related and/or Athletics-initiated investigations and must provide accurate and complete information to investigators.

PARTICIPATION ON OUTSIDE TEAMS

NCAA regulations govern participation on outside teams. Although it is prohibited at most times, exceptions are made for specific designated times as well as some individual sport participation and tryouts for Pan American or Olympic Games, national teams, etc. (See current NCAA Manual). All exceptions must be approved by the NCAA through the Compliance Officer.

COMPLIMENTARY TICKETS

NCAA regulations (Bylaw 16.2) permit member institutions to provide up to “**four (4)** complimentary admissions per home or away contest to a student-athlete in the sport in which the individual participates.” University of Delaware policy on the specific number of complimentary admissions varies by sport and the number of complimentary admissions may be less than four (4) depending on the sport and class of the student-athlete.

Complimentary admissions shall be provided **ONLY** through a **pass list** for individuals designated by the student-athlete **PRIOR** to the admission gates opening. Student-athletes are not permitted to handle the “hard tickets” for their guests at any time. Individuals designated on the pass list must show proper ID when signing for complimentary tickets.

The University of Delaware is responsible for the administration procedure as outlined by the NCAA. The student-athlete’s eligibility will be affected by involvement in action contrary to the provisions governing complimentary admissions.

Student-athletes may not sell, barter, exchange or trade complimentary tickets for any items of value; student-athletes may not purchase tickets to athletics events and sell the tickets at a price greater than

their face value. Any of these illegal activities will render the student-athlete ineligible for intercollegiate athletics participations.

Contact the athletics administration if you have any questions regarding the complimentary admission policy.

TRANSPORTATION AND EXTRA BENEFITS

The following rules govern the student-athlete and coach/athletic staff relationship. Violations of these rules may affect your eligibility, so please read this summary carefully.

An institution may not provide transportation (e.g. shuttle, van) to on-campus practice sites for student-athletes traveling to and from their on- or off-campus residences, except in unusual situations involving danger, inclement weather, or other similar extenuating circumstances.

The university may not provide student-athletes with an automobile under any circumstance.

The university or its staff members may not provide transportation (e.g. a ride home with the coach) to an enrolled student-athlete even if the student-athlete reimburses the university or its staff member for the appropriate amount of gas expense. However, staff members may provide reasonable local transportation to student-athletes on an occasional basis, as stated above.

Student-athletes shall not receive any extra benefit. The term “extra benefit” refers to any special arrangement by a university employee or representative of its athletics interests to provide the student-athlete or his/her relatives or friends with benefits not expressly authorized by NCAA legislation.

A student-athlete may not receive a special discount, payment arrangement or credit on a purchase (e.g. airline tickets, clothing) or a service (e.g. laundry service, dry cleaning) from a university employee or representative of its athletics interests.

An athletics representative may not provide a student-athlete with professional services (for which a fee normally would be charged) without charge or at a reduced cost. Professional services provided at less than the normal rate or at no expense to the student-athlete are considered an extra benefit unless they are available to the general student body on the same basis.

It is not permissible to allow a student-athlete to use a telephone or credit card for personal reasons without charge or at reduced cost. Student-athletes are not permitted the use of copiers or fax machines in Athletics department offices.

A student-athlete may not receive services (e.g. movie tickets, dinner, use of car) from commercial agencies (e.g. movie theaters, restaurants, car dealers) without charge or at reduced rates, or free or reduced-cost admission to professional athletics contests from professional sports organizations unless such services are also available to the student body in general.

A university employee or representative of its athletics interests may not provide a student-athlete with extra benefits or services, including but not limited to:

- ✚ A loan of money.
- ✚ A guarantee of bond.
- ✚ Use of an automobile.
- ✚ Signing or cosigning a note with an outside agency to arrange a loan.

A student-athlete may not accept athletic equipment, supplies, or clothing (e.g. tennis racquets, golf clubs, hockey sticks, balls, shirts) directly from a manufacturer or commercial enterprise. Such items may be provided to the student-athlete's institution, to be utilized by the institution's team in accordance with accepted practices for issuance and retrieval of athletics equipment.

A student-athlete may retain athletics apparel items (not equipment) at the end of the individual's collegiate participation. Used equipment may be purchased by the student-athlete on the same cost basis as by any other individual interested in purchasing such equipment.

A student-athlete, or the entire team in a sport, may receive an occasional family home meal from a university staff member or representative of athletic interests under the following conditions:

- ✚ Meals must be restricted to infrequent and special occasions.
- ✚ An institutional staff member may provide transportation to attend the meal. However, a representative of athletics' interest **may not** provide the transportation unless the meal is at his/her home.
- ✚ The meal may only be provided in an individual's home, on-campus or at a facility that is regularly used for home competition and may be catered.

STATEMENT OF RESPONSIBILITY OF HOSTS

Serving as a Student Host is an important function to the University of Delaware Athletics. Appropriate conduct is both expected and required of you; therefore,

PER NCAA RULES & REGULATIONS, The following expectations apply during any prospect's visit to the UD campus:

- No use of alcohol.
- No use of drugs.
- No use of sex as a recruiting device.
- No activity that violates criminal law.
- No gambling/gaming activities.
- No use of strippers, gentlemen's club or an equivalent, or escort services.
- No return to lodging after the curfew, if applicable.
- No activities or events at any location that may cause a perception of impropriety.
- **DO NOT** engage, or allow the prospect to engage in any activity that would bring harm to you, the prospect or the reputation of the University of Delaware and/or the Athletics Program.

Violations of any of these rules will result in a report to the UD Director of Athletics and the Conference and/or NCAA with a copy to the President of the University. Student-athletes involved in such violations will automatically be suspended from competition until the Director of Athletics or his designee reviews the incident. UD prospects in violation of these standards may be denied admission to UD. It should be clear that UD will not tolerate inappropriate recruiting activities. Violations may result in loss of athletics aid and participation opportunities.

In addition to the above, the following rules apply to your serving as a student-host:

- You must be enrolled in a full-time program of studies at the University of Delaware and be an approved student-host.

- A maximum of \$30.00 per day may be provided to cover the entertainment expenses of both yourself and the prospect. You may be provided with an additional \$15.00 per day for each additional prospect entertained by you. The money provided may only be used to entertain you, the prospect, the prospect's parents (legal guardian) or spouse.
- No cash may be given to the prospect or anyone else.
- You may not use the entertainment funds to purchase, or otherwise provide the prospect with, gifts of value (e.g., souvenirs, clothing, etc.).
- You may not use any vehicle provided or arranged for by any institution staff member, booster or representative of our athletics interests.
- You may not transport the prospect or anyone accompanying the prospect more than 30 miles from the campus.
- You should not allow any conversations to occur, on- or off-campus, between the prospect and a donor/friend of/booster of the athletics program. If an unplanned meeting occurs, only an exchange of greetings is permissible.
- You may receive a complimentary admission to a home athletics contest when accompanying a prospect.
- You may receive a complimentary meal at which you accompany the prospect.
- Any and all activities and entertainment must be approved by your coach.

Note: Student-Athletes who are hosting recruits are required to sign the "Student-Athlete Host Behavior Expectations and Receipt" form provided by the compliance office before acting as a host.

FINANCIAL AID

The NCAA and the University of Delaware permit grants-in-aid to be awarded in accordance with the following terms and conditions.

NCAA POLICIES

The bylaws of the NCAA permit member institutions to aid athletes to this extent:

- ✚ Award a scholarship* for tuition, traditional housing, the 19 weekly meal plan, and required student fees.
- ✚ An athletic scholarship is a one year renewable award. NCAA bylaws require a student-athlete to be notified by July 1st of the scholarship's renewal or non-renewal.

The following are **violations** of NCAA rules:

- ✚ Any financial aid administered to an athlete from any source other than the institution or from persons upon whom he or she may be naturally or legally dependent for support.
- ✚ Any financial aid, or promise of aid, to any member of the athlete's family.
- ✚ Promise of financial aid beyond the athlete's undergraduate period.
- ✚ Employment for which a higher scale of pay is received by an athlete than is received by other employees doing the same type of work.
- ✚ Award of money, gifts, or promise of gifts equivalent to money, or lavish entertainment by anyone, including alumni, or friends of an institution (i.e. clothes, cars, televisions, trips).

Institutional aid may be graduated or terminated during the period of its award if the recipient:

- ✚ Becomes ineligible for intercollegiate competition.

- ✦ Fraudulently misrepresents any information on his or her application, National Letter of Intent (NLI), or financial aid agreement.
- ✦ Engages in serious misconduct warranting substantial disciplinary penalty.
- ✦ Voluntarily withdraws from a sport for personal reasons.

UNIVERSITY POLICIES

There is no guarantee of financial assistance for scholarship student-athletes during the summer and/or winter sessions.

In addition to need, some scholarships are based on academic and athletic achievement.

TRANSFER STUDENTS

If a student athlete is interested in transferring, the athlete should schedule an appointment with the Eligibility Coordinator, Kerri Cebula 831-2840.

EXTRA CURRICULAR OPPORTUNITIES

STUDENT ATHLETE ADVISORY COUNCIL

The mission of the University of Delaware Student Athletic Advisory Council is to enhance the athletic experience of all University of Delaware student-athletes by: bringing representatives from all varsity sports teams together, representing the University of Delaware at the Colonial Athletic Association conference level, serving as a liaison between the student-athletes and administration, recognizing academic achievement, and implementing programs in community service, health promotion, leadership, and spirit.

For more information on SAAC and how to become a member, visit their [website](#).

H.E.N.S. PEER MENTORING PROGRAM

The H.E.N.S. (Helping Each Newcomer Succeed) Peer Mentoring Program is designed to aid first-year student-athletes with their transition into the University of Delaware. Selected upperclassmen serve as mentors to first-year student-athletes in both individual and group settings. First-year student-athletes are meant to benefit from the experience of the upperclassmen in handling many of the common challenges new student-athletes face. The mentors hopefully benefit from an important leadership opportunity outside the athletic realm.

Visit their [website](#) to see a list of peer mentors.

CHAMPS/LIFE SKILLS PROGRAM

The University of Delaware was selected as one of the original 46 institutions to participate in the NCAA's **CHAMPS/Life Skills program**, which began in 1994. The NCAA's CHAMPS/Life Skills program is designated to support member institutions in the commitment to the total development of the student-athletes. This development is broken down into five (5) areas of commitment:

1. Commitment to academic excellence
2. Commitment to athletic excellence
3. Commitment to career development
4. Commitment to personal development
5. Commitment to service.

HOUSING

1. There are no “athletic dorms”. Students must follow application procedures for housing as required by the Office of Housing and Residence Life.
2. Incoming freshman student-athletes must meet deposit deadlines to be assured of on-campus housing. Deposits for student-athletes on full athletics scholarship need to be paid individually by the student. However, the amount will be credited to the account of the student since it will be covered by the scholarship.

STUDENT-ATHLETE WELFARE

SPORTS MEDICINE CLINIC

During the entire **academic year**, almost all of your medical needs will be treated at the Sports Medicine Clinic. The following support services are available at Student Health Services in [Laurel Hall](#): allergy injections, gynecological services, and psychiatric services.

You should report to the Sports Medicine Clinic for general medical problems unless you become ill after the Clinic is closed, at which time you should report to Student Health Services at Laurel Hall. The nurse on duty will see you, **but you should follow up the next day at the Sports Medicine Clinic**. In any case, if you become ill you should report in the morning to the Sports Medicine Clinic so that your coach can be notified early if you will be unable to participate in practice.

INSURANCE COVERAGE

The University of Delaware provides a medical and catastrophic insurance program for its intercollegiate athletes/cheer unit members injured in practices or contests. **THIS POLICY, HOWEVER, IS SECONDARY TO, OR IN EXCESS OF, PERSONAL FAMILY MEDICAL INSURANCE COVERAGE.** Bills should not be sent to Athletics/Recreation Services **until** family coverage is applied. Therefore, all medical bills must first go to the family. Then ALL bills (both paid and unpaid) must be submitted to Athletics/Recreation Services. In addition, the “Parent Information Form” must be fully completed and returned before any further processing can occur.

Personal family medical insurance will respond **first** to the cost of injuries incurred by the student-athlete/cheer unit member during participation in our intercollegiate program. (If personal family medical insurance does not cover the student-athlete/cheer unit member, the Explanation of Benefits or Denial from the primary insurance company **MUST** be sent to the Athletics Insurance Coordinator, Sandy McFoy, before the University medical insurance will be applied as primary coverage for eligible items within the limits of the policy.)

To be eligible for University medical coverage, student-athletes/cheer unit members must arrange all surgery, treatment, therapy and care in accordance with the requirements of their primary insurance coverage.

When family primary coverage is HMO, PPO or a provider outside of the United States, all medical care must be arranged so that full coverage applies. This may include returning to the home state for care.

Any costs not covered by insurance become the responsibility of the student-athlete/cheer unit member and/or their parent/guardian.

EXPENSES NOT COVERED BY UD ATHLETICS

University of Delaware Athletics/Recreation Services medical insurance coverage will **not** apply to the situations indicated below. **Therefore, student-athletes/cheer unit members and/or their parents or legal guardians will be fully responsible for all medical expenses relating to them.**

1. Any tests or consultations needed to gain approval for participation.
2. Any athletic injuries incurred outside the dates of the primary competitive or designated off-season periods/activities for the given program, as approved by the Director of Athletic and Recreation Services.
3. Any prescriptions:
 - a. That are not related to athletic injuries.
 - b. For athletically related injuries that occur outside the primary competitive season, supervised non-championship season or supervised individual skill sessions, as approved by the Director of Athletics and Recreation Services.
 - c. That have been filled at a pharmacy without following appropriate “pink-slip” procedures.
4. Costs of orthotics, allergies, braces or eyewear.
5. All non-intercollegiate activities (including, but not limited to intramural/club sports, recreational activities outside the approved primary competitive and designated off-season periods.)
6. Expenses incurred after completion of eligibility, for athletic injuries received during participation, **if** the student-athlete/cheer unit member elects not to participate in an exit physical.
7. Costs of Sports Medicine Clinic items such as crutches, etc. that are not returned within a reasonable time.
8. Medical costs related to seeing a physician **without** referral by the Sports Medicine Clinic.
9. Medical expenses beyond the limitations of, or not covered by the Athletics/Recreations Services insurance policy.
10. Expenses for athletic injuries incurred after completion of eligibility.

NOTE: This list is not deemed to be all-inclusive but, rather, represents the most common exclusions to University of Delaware Athletics/Recreations Services Medical Coverage. Please direct any questions to the Athletics Insurance Coordinator, Sandy McFoy at 302-831-2256.

MEDICAL CERTIFICATION

The University of Delaware **requires** that all student-athletes complete a physical examination at the Sports Medicine Clinic before they can attend practice sessions or compete in any athletic event sponsored by University of Delaware. **Any tests or consultations needed to gain approval for participation are the responsibility of the student/parent.**

Upon completion of the physical examination and Sickle Cell testing, the compliance officer is notified of medical clearance. The compliance officer will then notify the head coach that the athlete is cleared for competition.

No coach will permit an athlete to practice, no equipment will be issued, nor will the University provide any insurance or medical coverage if this procedure is not followed. This procedure must also be followed to use the weight room facilities.

If for any reason a student is not approved for athletic participation or practice, he/she will be notified by the physician or nurse at the end of the examination.

Upon completion of eligibility in their final sport, student-athletes are requested to schedule an appointment with the Sports Medicine Clinic, prior to the conclusion of the academic term, for the purpose of an exit physical. This will include a review of the injuries sustained during participation and a follow-up, if needed.

NOTE: If the student-athlete elects not to receive the physical, the University will be relieved of any liability and/or financial responsibility for any damages or injuries sustained as a result of athletic participation.

ATHLETIC INJURY MEDICAL CARE

Any certified intercollegiate athletics participant who sustains an injury or becomes ill during approved participation periods must report the injury immediately to the Training Room or Sports Medicine Clinic in order to activate coverage. Please note that the injury/illness must have been incurred in a practice/contest period that was approved by the Directors of Athletics and Recreation Services according to NCAA regulations, to be eligible for insurance coverage.

If you need to see a physician outside the University staff (i.e. a specialist), that referral shall be made by the Sports Medicine Physician. If that referral results in a recommendation for non-emergency surgery, you must inform the Sports Medicine Clinic prior to finalizing any arrangements.

PRE-SURGERY CHECKLIST.

If you are having surgery, the following check-list must be completed **well in advance** to ensure applicable insurance coverage.

- Inform Sports Medicine as soon as possible with the date of surgery, name of surgeon and hospital where surgery will be performed.
- See the Athletics Insurance Coordinator, Sandy McFoy, to obtain the NCAA Insurance Claim form, if applicable.
- You should notify your individual professors regarding your medical absence.
- If you need on/off-campus transportation via Public Safety, you will need verification from the Sports Medicine physician/nurse.
- If surgery results from an in-season injury, prescriptions may be covered by Athletics. Please consult with Sports Medicine **prior** to surgery regarding procedures.
- For questions regarding medical problems call the Sports Medicine Clinic at 831-2482; for questions regarding insurance coverage call the Athletic Insurance Coordinator, Sandy McFoy at 831-2256.

PRESCRIPTIONS

Prescriptions for **intercollegiate athletically related injuries only**, authorized by the Sports Medicine Clinic **during the primary competitive sport season or supervised non-championship practices or competitions** as designated by the Director of Athletics and Recreation Services, are filled at the Student Health Dispensary. To receive an authorized prescription, the student will be given a "duplicate slip" (Sports Medicine prescription) which he/she should present to the Student Health Dispensary or contracted pharmacy for filling.

If the student-athlete receives a prescription from a specialist (a physician other than one associated with the Sports Medicine Clinic or Student Health Services staff) to whom they have been referred by the Sports Medicine Clinic, it will be necessary for the student-athlete to bring that prescription to the Sports Medicine Clinic for it to be recorded on the “duplicate” prescription slip for filling. No prescriptions will be paid for unless this procedure is followed.

“MUST DO” PROCEDURES

1. Notify primary insurance carrier within 24 hours of injury.
2. If you wish to see a physician **other** than the Sports Medicine Physician
 - a. You must have a referral by the Sports Medicine Clinic **prior to the appointment**.
 - b. If the referral results in a recommendation for tests, diagnostic procedures or non-emergency surgery, you must inform the Sports Medicine Clinic **before** finalizing any arrangements.
 - c. If subsequent appointments are recommended by the referral physician, you must receive approval **for each visit** by the Sports Medicine Clinic.
 - d. After referral appointments, you must return to the Sports Medicine Clinic for a follow-up.

NOTE: In the unlikely event that the Sports Medicine Physician cannot be reached, contact the Student Health Center (302-831-2226). Do not schedule an appointment with a non-University physician without contacting the Sports Medicine Clinic, as the expense **will not be covered** by Athletics/Recreation Services medical insurance. In a life-threatening situation, seek emergency help immediately.

3. It is the responsibility of the student-athlete/cheer unit member to fulfill the requirements of the primary insurance. This includes, but is not limited to, the requirements for surgery to be performed in the home state.

SUBSTANCE ABUSE EDUCATION AND TESTING

The University of Delaware believes that self-discipline is the foremost educational benefit derived by the student-athlete from educational athletic competition. A primary concern of the University of Delaware coaches is that student-athletes are in the best possible health and physical condition. For these reasons, the following policies have been developed.

Student-athletes are expected to abide by local, state and federal law in addition to University policy with regard to the possession and consumption of alcohol. While traveling and/or participating in team-sponsored activities, student-athletes will be prohibited from consuming alcoholic beverages.

Student-athletes are expected to abide by NCAA regulations regarding the use of non-therapeutic drugs or the use of nicotine in any form, while a member of an athletic team.

Each University of Delaware coach is responsible for informing his/her squads – prior to the start of each season, and any violations shall result in suspension from the squad. Each suspended athlete shall be permitted to rejoin his/her team only:

1. Upon the successful completion of a drug education and counseling program
2. With the recommendation of the Drug Counselor, the Sports Medicine Physician and the Coach.

The period of suspension will be of sufficient duration for the completion of the counseling and drug education program and under no circumstances shall it be for a period of less than two weeks.

Coaches involved in any way with a student-athlete's use of nicotine, alcohol or non-therapeutic drugs are also subject to AGB action.

DRUG TESTING

The NCAA conducts drug tests for athletes who qualify for NCAA post-season competition. In addition, student-athletes at the University of Delaware are subject to random drug testing throughout the academic year, administered by the Athletics Department. This testing is in addition to any drug tests the NCAA may conduct on our campus. Student-athletes will be educated on this policy each fall during team eligibility meetings. If you have any questions regarding the Drug Testing Program, please contact the Associate Head Athletic Trainer, Joan Couch.

http://www.bluehens.com/sportsinfo/policy_manual/drug_education.html

THE CLERY ACT

The Jeanne Clery Act requires institutions to have a public crime log and warn the campus community about crimes that pose a threat to students and employees. To get more information on the Clery Act and to see the statistics for the University of Delaware please visit:

http://www.udel.edu/PublicSafety/admin_crimestats.html

AWARDS AND RECOGNITION

LETTER AWARDS

A Varsity letter will be awarded upon the recommendation of the coach and completion of the specific sport's standards. Details about the specific standards can be obtained from your head coach.

All student-athletes receiving varsity letters must complete regular and post-season play and receive the coach's recommendation.

Letter winners receive the awards listed below:

- ✚ First year: Certificate
- ✚ Second year: Jacket
- ✚ Third year: Engraved Mug
- ✚ Fourth year: Senior photo plaque
- ✚ First-year letterwinner senior with 2 years as team member: Jacket

OTHER AWARDS

- ✚ Conference Champions: Picture Plaques
- ✚ NCAA National Championship Participants: Rings (silver if automatic NCAA qualifier)
- ✚ NCAA Champions: Rings (gold)

For all sport programs that do not have automatic team qualification to the NCAA Championships as a result of winning the conference championship, rings will be provided to team champions, instead of championship picture plaques. This will apply only to conference championship team champions, not regular season champions or individual event winners.

ATHLETICS MEDIA RELATIONS

The University of Delaware Athletics Media Relations Office is the publicity and media relations office for the University's 21-sport intercollegiate athletics program. The telephone number for the office is (302)-831-2186.

The goals of the Athletics Media Relations Office are to effectively communicate to the news media and other interested groups information about our athletics program. The office produces media guides, game-day programs, schedule cards and news releases as part of its daily activities. It is also responsible for responding to new media inquiries and arranging all media interviews. The other principle duty of the office is to serve as the University's liaison to various athletic governing bodies such as the NCAA and the Colonial Athletic Association.

Learning how to deal with the media is a process that is important to you educationally and professionally, to you team and its perception by the public and to the University of Delaware. The following media guidelines should help you in dealing with the news media.

1. **Never agree to any non-game day interview unless the interview has been arranged by the Athletics Media Relations Office.** Your telephone number will not be given to the media unless you give permission. This allows you to avoid contact with unauthorized persons who may attempt to gain and use information for gambling or other questionable purposes.
2. **Reporters, both print and electronic, are interested in reporting the games and personalities as facts – these facts are based on their interpretations.** They are not necessarily there to make you look good, nor are they there to make you look bad. They have a job to do and it is important that you understand and cooperate wherever possible. How effectively you deal with the news media reflects directly on how they feel about you and your team. If you have concerns about the reporter, his or her questions or the tone of the interview, please see a member of the Athletics Media Relations staff.
3. **You have a responsibility to the University of Delaware, your coaches and teammates, as well as yourself to cooperate with the media.** You are public figures and role models by virtue of your participation in the University's athletics program. What you do is of interest to fans of the University of Delaware teams and to the people in your home region who are interested in intercollegiate athletics. Remember that the public's acceptance of you, your team and the University is developed by the impressions made during the interview process, the resulting stories, and your behavior.
4. **Dealing with the news media can be a learning experience.** You can develop communication skills that are not only helpful in your intercollegiate career but also to your future professional and business careers.
5. **Be positive whenever possible when talking about your teammates, coaches and team.** Praise your teammates. Every great running back needs a good offensive line. Every high scorer needs teammates who pass the ball. Avoid negatives as they breed discontent and trouble.

6. **Be human.** Let reporters see and learn of other things about you besides your role as an athlete. Let the Athletics Media Relations Office know of those things such as fraternity or sorority involvement, special class research projects, awards, hobbies, etc. They add depth to your story and often help “sell” you as a feature story for a reporter.
7. **Expect to be in a “fish bowl”.** High-profile sports and their participants are public figures and celebrities. Expect to lose some of your privacy.
8. **Assume you are “on the record”.** When reporters are present, don’t say anything you would not want to see in print or on the air. Don’t forget that microphones are extremely sensitive and cameras have zoom lenses. If you can see them, assume you are being recorded.
9. **Treat a telephone interview as you would an in-person interview.** Just because it may be more conversational, don’t do or say things you wouldn’t do in a face-to-face interview.

If you have any questions concerning these guidelines, please feel free to visit the Athletics Media Relations Office.