

UNIVERSITY of DELAWARE
Cross Country Meet Information Letter 2008-2009

- DATE** September 20, 2008
- PLACE** White Clay Creek State Park, 2 miles north of the University of Delaware Campus on Route 896. There is a parking fee in effect.
- RACES** 10:30am Men's 8000m Run
11:15am Women's 5000m Run
- RULES** NCAA rules apply. You may enter as many athletes as you would like. Your first five runners will score and your next two will hold places.
- COURSE** The course consists of dirt and grass trails, with some rough footing. Spikes or racing flats are recommended. The course will be marked and available at 4:00pm Friday or after 8:00am Saturday. If you would like to see the course on Friday, please call Jim Fischer at 302-831-8846 to make arrangements.
- MAPS** Cross Country section - University of Delaware web site – www.udel.edu
- ENTRY FEE** \$100.00/gender. Please make the check out to the University of Delaware.
- ENTIRES** Please register your team's roster with Ultimate Sports Productions (www.usp-sports.com) or Direct Athletics (www.directathletics.com) by Wednesday, September 17, 2008.

Questions? Please call.