



UNIVERSITY OF DELAWARE

2005 MEN'S LACROSSE PRE-SEASON INFORMATION

2005 DELAWARE LACROSSE QUICK FACTS

UNIVERSITY FACTS

LocationNewark, Delaware 19716
 Enrollment16,000
 Founded1743
 NicknameFightin' Blue Hens
 ColorsRoyal Blue and Gold
 AffiliationsNCAADivision I
 ConferenceColonial Athletic Association (4th season)

UNIVERSITY ADMINISTRATION

President Dr. David P. Roselle
 NCAA Faculty RepresentativeDr. John L. Burmeister
 Athletic Director (Phone) Edgar N. Johnson (302-831-4006)
 Senior Associate Athletic Director Mary Ann Hitchens
 Associate AD/Programs & Facilities Kate Pohlig
 Associate AD/Business AffairsScott Eatough
 Assistant AD/ComplianceSue Groff
 Marketing DirectorCurt Krouse
 Operations AssociateJen Chapman
 Athletics DevelopmentKathleen Houghton
 Sports Medicine PhysicianDr. Vincent Disabella
 Head Trainer Keith Handling
 Associate Head TrainerJoan Couch (Men's Lacrosse Trainer)
 Assistant Trainers John Smith, Dan Watson
 Strength & Conditioning CoachRussell Barbarino
 Strength & Conditioning AssistantAndy Carter (Men's Lacrosse)

ATHLETICS MEDIA RELATIONS

Sports Information DirectorScott Selheimer (Men's Lacrosse Contact)
 Assistant Sports Information DirectorKevin Tritt
 Sports Information InternsMegan O'Brien, John Kneisly
 Athletics Media Relations Phone / Fax302-831-2186 / 302-831-8653
 Selheimer Home Phone302-368-8639
 Selheimer's Cell Phone302-562-5129
 Selheimer's Email addressselheime@udel.edu
 Blue Hen 24-Hour Hotline302-831-8139
 UD Athletics Web Sitewww.udel.edu/sportsinfo/mens_lacrosse
 Radio StationWVUD 91.3 FM (selected games during season)

MEN'S LACROSSE INFORMATION

Head CoachBob Shillinglaw
 Alma Mater(North Carolina '74)
 Record at Delaware204-199 / 26 years
 Record Overall228-215 / 29 years
 Lacrosse Office Phone(302) 831-8661
 Assistant CoachesGreg Carroll (Loyola '97), 6th year
Judd Lattimore (North Carolina '01), 1st year
Ryan Metzbower (Delaware '05), 1st year
 2004 Record10-6 (2-3, Colonial Athletic Association, 3rd Place)
 2004 Post-Seasonlost in CAAs semifinals to Villanova, 15-6
 Final USILANational Rankingna
 2005 CaptainsChris Collins, Greg Grevey, Ian Wright

Letterwinners Returning/Lost20 / 8
 Starters Returning/Lost8 / 2
 Home Field (Capacity/Surface)Rullo Stadium (2,000, ActionTurf, Lights)
 Rullo Press Box Phone(302) 831-3526

HISTORY

All-Time Record397-352-3 (57 seasons since 1948)
 Conference Titles15 (last in 1999)
 NCAA Tournaments2 (1984 Quarterfinals; 1999 Quarterfinals)

2005 TOP RETURNING PLAYERS

Chris Collins (Sr., GK).....2nd team All-CAA, 8.6 gaa, .565 save pct.
 Cam Howard (So., A)2nd team All-CAA, 19g, 20a
 Alex Smith (So., M).....2nd team All-CAA; CAARookie of the Year
5g, 1a, 204-118 (.632) on faceoffs
 Ian Wright (Sr., D)2nd team All-CAA, 23 groundballs
 Andy Hipple (Sr., A).....CAAScholar-Athlete of the Year, 19g, 5a
 Joe Trentzsch (Sr., M).....15g, 5a

2005 TOP NEWCOMERS

Frank Hopkins (Jr., D)Bel Air, MD (Essex Community College)
 John Carrozza (Fr., M)Katonah, NY(John Jay HS)
 Vince Giordano (Fr., A)Moorestown, NJ(Moorestown HS)
 Kent Lucas (Fr., A)Rockville Centre, NY(South Side HS)
 J.J. Moran (Fr., M).....Wanaque, NJ (Mountain Lakes HS)

TOP LOSSES

Matt Alrich (A)1st team All-CAA, CAAAll-Tournament, 34g, 12a
(83 career goals)
 Ryan Metzbower (M)2nd team All-CAA, 15g, 6a (79 career goals)

2005 MEN'S LACROSSE SCHEDULE

Feb.	12	Saint Joseph's	1 p.m.
	19	Lehigh	3 p.m.
	26	at Stony Brook	1 p.m.
Mar.	5	Rutgers	1 p.m.
	8	at Mt. St. Mary's	3 p.m.
	12	at Albany	1 p.m.
	16	Georgetown	7 p.m.
	19	Manhattan	2 p.m.
	26	*Towson	7 p.m.
Apr.	2	*Sacred Heart	7 p.m.
	9	*Hofstra	7 p.m.
	16	at Villanova	7 p.m.
	23	at *Drexel	2 p.m.
	27	at Yale	7 p.m.
	30	St. John's	7 p.m.
May	4-7	Colonial Athletic Association Championships	tba
	14-15	NCAA1st Round	
	21-22	NCAAQuarterfinals at Rutgers/Maryland	tba
	28-30	NCAAFinals at Lincoln Financial Field, Philadelphia, PA (Penn Host)	tba

Home Games at Rullo Stadium