

Part 3: Agreement to Participate

Name: _____ Age: _____

Address: _____

Birth date: _____ Sport: SOFTBALL

I am aware that playing or practicing in any sport can be a dangerous activity involving MANY RISKS OR INJURY. I understand that the dangers and risks of playing or practicing in the above sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis or brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular-skeletal system and serious injury or impairment to other aspects of my body, general health, and well being.

Because of the dangers of participating in the above sport, I recognize the importance of following all instructions by the coach.

This agreement applies specifically to the following dates: 1/23/10 and 2/13/10.

In consideration of the University of Delaware (UD) permitting me to practice or play the above sport and to engage in all activities related to this sport, I hereby voluntarily assume all risks associated with participation and agree to exonerate, save harmless and release the UD, its agents, servants, trustees and employees from any and all liability, medical expenses, claims, causes of action or demands of any kind and nature whatsoever which may arise by or in connection with my participation in any activities related to the sport(s) indicated above.

I agree that in case of an accident involving me (my child) while participating in this activity, and with full awareness that this activity may involve risk or injury, I release the University of Delaware, its trustees, employees and servants from any and all liability. In case of an emergency, I give permission to the appropriate event personnel to have my child properly transported to a medical facility for care.

I understand that the University of Delaware DOES NOT provide medical insurance and that I will be responsible for all medical expenses incurred.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and all members of my family.

I hereby agree to submit any disputes that may arise between myself and UD, its agents, servants, trustees and employees, in connection with my activities at UD, to binding arbitration before three arbitrators, in accordance with the Rules of the American Arbitration Association.

Signature of Participant/Date

* NOTE: Signature may be that of participant only if 18 years of age or over; otherwise it must also be signed by BOTH Parents or Legal Guardians.

Father/Legal Guardian/Date

Mother/Legal Guardian/Date

Witness/Date

BJ Ferguson, Head Softball Coach
Delaware Field House
University of Delaware
Newark, Delaware 19716



An Equal Opportunity Institution

**Register Soon -
Space is Limited!**

UNIVERSITY OF DELAWARE

Fightin' Blue Hens

2010 Winter Softball Clinics

Pitching Catching Hitting Fielding



Saturday, January 23, 2010
9:00^{AM} – 12:00^{NOON}

Saturday, January 23, 2010
1:00 – 4:00^{PM}

Saturday, February 13, 2010
9:00^{AM} – 12:00^{NOON}

**University of Delaware
Field House Arena
Newark, Delaware**

Infield Defense & Hitting Clinic

January 23, 2010 • 9:00am–12:00noon

Ages: 12–18 Fee: \$80

- Learn proper throwing mechanics, fundamentals of fielding and defensive positioning/footwork
- Proper hitting mechanics will be introduced and reinforced
- Please bring glove, bat, helmet and smooth-soled sneakers

Outfield Defense & Hitting Clinic

January 23, 2010 • 1:00–4:00pm

Ages: 12–18 Fee: \$80

- Learn proper throwing mechanics in addition to the fundamentals of outfield defense and footwork
- Proper hitting mechanics will be introduced and reinforced
- Please bring glove, bat, helmet and smooth-soled sneakers

Pitching/Catching & Hitting Clinic

February 13, 2010 • 9:00am–12:00noon

Ages: 12–18 Fee: \$80

All skill levels welcome!!!

- Pitchers will learn the proper way to warm-up and will participate in drills designed to reinforce leg drive, stride, arm speed, wrist snap, tight spin, and follow-through
- Catchers will work through drills to improve techniques in blocking, footwork, framing, and throwing as well as discuss how to call pitches
- Proper hitting mechanics will be introduced and reinforced
- Pitchers **MUST** provide a catcher but that catcher is not required to take part in the catching session
- All catchers (excluding parents) must provide and wear protective gear
- Please bring glove, bat, helmet and smooth-soled sneakers

Director: **BJ Ferguson**



UD Head Coach
BJ Ferguson

2003 Colonial Athletic Association Coach of the Year, a 28-year coaching veteran of the University of Delaware Softball team, where she has led her teams to 18 winning seasons, two ECC regular season titles, and an ECC Championship. Ferguson is one of only two coaches in Delaware's history to have recorded 100 victories coaching two different sports —

softball and tennis. She is known for technical and fundamental approach when instructing on the finer points of the game. She brings with her the experience of facing some of the finest pitching in the nation while playing ASA major softball in Florida during the later part of her career.

BJ Ferguson, *Head Softball Coach*
Delaware Field House Ph: (302) 831-8608
University of Delaware Fax: (302) 831-4058
Newark, DE 19716 E-mail: bferguso@udel.edu

Assistant Director: **Jessica Vonch**



Jessica Vonch

First-year assistant coach who works primarily with pitchers for UD. Last year, Vonch served as the pitching coach for Colorado School of Mines in Golden, CO, leading three of four pitchers to All-RMAC honors. Prior to this, Jessica worked as a private pitching instructor to girls ages 7–18 out of the Colorado Softball and Baseball Academy in

Denver, CO. Vonch was born and raised in Denver, CO and played softball at the University of South Carolina from 2004–2006 until she suffered a career-ending shoulder injury.

Jessica Vonch, *Assistant Softball Coach*
Delaware Field House Ph: (302) 831-1071
University of Delaware Fax: (302) 831-4058
Newark, DE 19716 E-mail: jvonch@udel.edu

Additional staff includes former UD letter-winners and current players.

Registration Form

This form may be copied for additional registrations. Please print.

Part 1. Applicant Information

Student Name _____

Age _____ Date of Birth _____

School _____ Current Grade _____

Home Address _____

City _____

State _____ Zip _____

Home Phone () _____

Emergency Phone (cell) () _____

2010 Summer Team _____

Position(s) _____

Please register my daughter for the following clinic(s):

Infield (1/23/10) Outfield (1/23/10)

Pitching (2/13/10)/ Catching (2/13/10)

NOTE: Provide own bat, batting helmet, catching equipment, and smooth-soled shoes!

Adult T-shirt Size: (check one) S M L XL

Yes, I am interested in receiving information about summer clinics!

Fee: \$80 per clinic / \$150 for two / \$210 for all three

Make check payable to: University of Delaware

Mail to: Winter Softball Clinics
Delaware Field House
University of Delaware
Newark, Delaware 19716

Part 2. Emergency Health Information

Mother's Name _____

Home Phone () _____

Cell Phone () _____

Father's Name _____

Home Phone () _____

Cell Phone () _____

Allergies? _____

(See reverse side)