



Tracey Howell
#50
Forward
Jr. 6-0
Newark, DE
A.I. duPont

As a Blue Hen

Post player who has come off the bench her first two seasons as a Blue Hen (54 career games as a reserve)...will look to crack the starting line-up as a junior playing either in the post or out on the wing. **2001-02 Season:** Appeared in 29 games for the Blue Hens...scored a career-high 11 points against La Salle on December 18 (5-9 FG)...scored nine points with two blocks and seven rebounds in the Cornell Tournament consolation game against Centenary... **2000-01 Season:** Scored a season-high 10 points on 5 of 6 shooting on February 2 against Hofstra...had nine points and eight rebounds while hitting all three free throw attempts on December 10 in a win at Maine...recorded nine rebounds against Delaware State and Northeastern...had two steals against Northeastern and Hofstra...added eight blocks on the season.



High School

Two-time all-conference selection...also earned all-conference honors in volleyball at A.I. DuPont...first-team all-state selection in her senior year...averaged 16 points and seven rebounds as a senior...honor roll student.

Personal

Tracey Nichole Howell...born March 18, 1982...daughter of Pierre LaFate and Roberta Howell-Kelson...arts and sciences major at Delaware.

Career Highs

Points 11 vs. LaSalle, 12/18/01
 Rebounds 9, twice
 Assists 3 vs. Princeton, 12/1/01
 Blocks 3 at Vermont, 3/10/01
 Steals 2, three times
 Minutes 20 vs. Hofstra, 12/29/01
 Field Goals 5, twice
 Field Goal Att. 9 vs. LaSalle, 12/18/01
 3-pt. Field Goals n/a
 3-pt. Field Goal Att. n/a
 Free Throws 5 at George Mason, 12/6/00
 Free Throw Att. 6 at George Mason, 12/6/00

2001-02 Game-by-Game												
Date	Opponent	FG-A	3FG-A	FT-A	O-D-R	PF	Ast.	Stl.	Blk.	TO	Pts.	Min.
11/23	vs. Liberty	0-1	0-0	0-2	1-0-1	1	0	0	0	1	0	8
11/24	at UNCG	1-1	0-0	0-0	0-0-0	0	0	0	0	1	2	5
11/28	at Bucknell	0-0	0-0	0-0	0-5-0	1	0	0	0	0	0	9
12/1	Princeton	2-5	0-0	1-2	2-1-3	3	3	0	0	0	5	14
12/7	vs. Coppin St	1-2	0-0	1-2	1-3-4	2	0	0	0	1	0	11
12/8	vs. Centenary	4-7	0-0	1-2	3-4-7	1	1	1	0	2	0	19
12/18	La Salle	5-9	0-0	1-2	3-3-6	1	1	0	1	0	11	18
12/22	at Marist	1-6	0-0	2-4	4-2-6	1	1	2	1	1	4	16
12/29	Hofstra	1-7	0-0	1-3	3-4-7	2	1	0	0	1	3	20
1/4	at UNCW	0-2	0-0	0-0	2-4-6	4	0	0	1	1	0	12
1/6	at VCU	0-0	0-0	0-0	1-2-3	2	0	1	0	2	0	11
1/11	Old Dominion	0-0	0-0	0-0	0-0-0	1	0	0	0	0	0	11
1/13	at Towson	1-2	0-0	0-0	1-1-2	3	0	0	1	1	2	6
1/17	at George Mason	0-0	0-0	0-0	0-0-0	0	0	1	0	1	0	6
1/24	at Drexel	0-0	0-0	0-0	0-2-2	0	0	0	0	0	0	5
1/27	William & Mary	0-0	0-0	0-1	0-2-2	0	0	0	0	0	0	5
1/29	Pennsylvania	0-0	0-0	0-0	0-2-2	2	0	0	1	1	0	6
2/1	UNCW	1-2	0-0	0-0	0-0-0	1	0	0	0	2	2	8
2/3	VCU	0-0	0-0	1-2	0-2-2	1	0	0	0	0	0	1
2/7	Towson	1-1	0-0	1-2	0-2-2	1	0	0	1	0	3	6
2/10	at Old Dominion	0-1	0-0	3-4	2-0-2	0	0	1	1	0	3	9
2/14	Drexel	0-0	0-0	0-0	0-1-1	0	0	0	0	0	0	1
2/17	at William & Mary	0-1	0-0	0-0	0-0-0	2	0	0	1	0	0	4
2/21	George Mason	0-1	0-0	0-0	0-0-0	0	0	0	0	0	0	1
2/24	at James Madison	0-0	0-0	0-0	0-0-0	0	0	0	0	0	0	1
3/1	at Hofstra	0-0	0-0	0-0	0-0-0	0	0	0	0	0	0	1
3/7	vs. Drexel	2-3	0-0	0-0	1-3-4	0	1	0	0	1	4	6
3/8	vs. UNCW	3-4	0-0	1-2	3-2-5	3	1	0	0	0	7	16
3/13	at Geo. Washington	0-0	0-0	0-0	0-0-0	0	0	0	1	1	0	3

2000-01 Game-by-Game												
Date	Opponent	FG-A	3FG-A	FT-A	O-D-R	PF	Ast.	Stl.	Blk.	TO	Pts.	Min.
12/1	Hartford	0-1	0-0	4-5	1-2-3	1	0	0	0	2	4	9
12/3	Vermont	1-3	0-0	0-0	1-0-1	1	0	0	0	1	2	7
12/6	at George Mason	1-1	0-0	5-6	3-4-7	5	0	0	0	6	7	16
12/8	New Hampshire	0-0	0-0	0-0	0-0-0	2	0	0	0	0	0	2
12/10	at Maine	3-6	0-0	3-3	4-4-8	3	0	1	1	0	9	17
12/17	American	2-4	0-0	0-0	2-3-5	3	0	1	1	0	4	17
12/20	at St. Francis (PA)	1-4	0-0	0-2	3-1-4	2	0	0	1	0	2	15
1/3	Delaware St.	0-4	0-0	1-4	3-6-9	1	0	1	1	1	1	17
1/6	at Drexel	0-0	0-0	0-0	0-0-0	1	0	1	1	2	0	6
1/14	at Boston U.	0-0	0-0	0-0	0-1-1	0	0	0	0	0	0	5
1/20	at Towson	0-0	0-0	0-0	0-1-1	0	0	0	0	0	0	1
1/25	Maine	0-1	0-0	0-0	1-0-1	0	0	0	0	0	0	6
1/27	New Hampshire	2-2	0-0	2-2	2-3-5	1	0	0	0	1	6	7
2/2	at Hofstra	5-6	0-0	0-0	1-4-5	1	0	0	0	0	10	17
2/4	Drexel	0-1	0-0	0-0	0-2-2	1	2	0	0	1	0	12
2/8	Boston U.	0-0	0-0	0-0	1-2-3	2	2	0	0	1	0	17
2/10	Northeastern	2-4	0-0	2-2	3-6-9	0	0	2	1	0	6	17
2/15	Towson	0-1	0-0	0-0	1-3-4	4	0	0	0	0	0	8
2/22	at Hartford	0-1	0-0	0-0	1-0-1	1	2	0	1	0	0	11
2/24	at Vermont	0-1	0-0	0-0	1-0-1	1	0	0	0	0	0	1
3/1	Hofstra	1-2	0-0	1-2	0-3-3	4	0	2	0	0	3	14
3/8	vs. Boston U.	0-1	0-0	0-0	0-0-0	0	0	0	0	0	0	5
3/9	vs. Hartford	2-2	0-0	0-1	1-2-3	1	0	1	3	2	4	18
3/10	at Vermont	0-0	0-0	0-1	1-3-4	1	1	0	1	0	0	10
3/16	at N.C. State	0-0	0-0	0-0	0-1-1	0	0	0	0	0	0	8

Delaware Stats

Year	G/GS	FG-FGA	PCT	3-PT-FGA	PCT	FT-FTA	PCT	AST	STL	BLK	REB	RPG	PTS	PPG	Min.	Avg.
2000-01	25/0	20-45	.444	0-0	---	18-28	.643	7	9	12	81	3.2	58	2.3	263	10.5
2001-02	29/0	23-55	.418	0-0	---	13-28	.464	9	6	10	72	2.5	59	2.0	229	7.9
Totals	54/0	43-100	.430	0-0	---	31-56	.554	16	15	22	153	2.8	117	2.2	492	9.1