

2006-2007
UNIVERSITY OF DELAWARE
WOMEN'S INDOOR TRACK & FIELD FINAL
RESULTS

Dec.	1	Jack Pyrah Invitational at Haverford.....	No Scoring
Jan.	5	Fordham Invitational at New York City Armory	3rd Place
	12	Gotham Cup at New York City Armory.....	No Scoring
	20	Delaware Invitational.....	2nd Place
	27	John Covert Classic at Lehigh.....	1st Place
Feb.	2-3	New Balance Collegiate Invitational at New York City Armory	No Scoring
	3	Frank Colden/Ursinus Invitational.....	6th Place
	10	Thomson Invitational at Delaware	1st Place
	17	Princeton Invitational	No Scoring
	23	Fasttrack Invitational at New York City Armory	No Scoring
	25	George Mason Invitational	Cancelled
Mar.	3-4	ECAC Championships at Reggie Lewis Center, Boston, MA.....	47th Place

Head Coach: Sue McGrath-Powell (302-831-8738)

Home Meets at Delaware Field House

TOP TIMES

(Based on each athletes top time in event)

* = School Record

4 x 400m Relay

Delaware	3:50.37 (ECAC)
(Marquez, Price, Capsouras, Quant)	
Delaware	3:51.30 (ECAC)
(Marquez, Price, Capsouras, Quant)	

4 x 800m Relay

Delaware	9:26.98 (New Balance)
(Heenan, C. Antonopoulos, Y. Antonopoulos, Wright)	
Delaware	9:29.77 (NYU Fasttrack)
(C. Antonopoulos, Wright, Heenan, Y. Antonopoulos)	

55 meter hurdles

Alexi Capsouras.....	8.92 (Pyrah)
----------------------	--------------

60 meter hurdles

Alexi Capsouras.....	9.03 (NYU Fasttrack)
----------------------	----------------------

55 meters

Michelle Gomes	7.26 (Pyrah)
Brittany Wright	7.40 (Pyrah)
Asha Quant	7.62 (Pyrah)

60 meters

Michelle Gomes.....	7.61 (ECAC)
Daniella Price	7.76 (New Balance)
Asha Quant	7.84 (Lehigh/NYU Fasttrack)
Brittany Wright	7.85 (NYU Fasttrack)
Liz Harvin	8.06 (Delaware #1)

200 meters

Michelle Gomes.....	24.62 (NYU Fasttrack)
Cristine Marquez.....	25.56 (Thomson)
Asha Quant	25.63 (Lehigh)
Daniella Price	25.64 (New Balance)
Brittany Wright	26.13 (New Balance)
Alexi Capsouras	27.42 (Delaware #1)
Minna Latortue	31.02 (Delaware #1)

300 meters

Michelle Gomes	40.74 (Pyrah) *
Brittany Wright	42.72 (Pyrah)
Asha Quant	42.73 (Pyrah)
Alexi Capsouras.....	43.62 (Pyrah)

400 meters

Cristine Marquez	55.74 (ECAC)*
Asha Quant	58.40 (NYU Fasttrack)
Alexi Capsouras.....	59.17 (NYU Fasttrack)
Brittany Wright	1:00.67 (NYU Fasttrack)
Annie Fulton	1:07.31 (Lehigh)

500 meters

Alexi Capsouras	1:19.55 (Fordham)
Cristine Marquez	1:20.50 (Fordham)
Kellyn Wright	1:20.88 (Lehigh)
Stephanie Taylor	1:21.96 (Princeton)
Laura Heenan	1:22.54 (Lehigh)

800 meters

Kellyn Wright.....	2:18.20 (New Balance)
Cristine Marquez	2:20.32 (Princeton)
Laura Heenan	2:23.33 (Princeton)
Christina Antonopoulos	2:23.66 (Gotham)
Stephanie Miller	2:27.47 (Gotham)
Stephanie Taylor	2:27.65 (NYU Fasttrack)
Yianna Antonopoulos	2:27.76 (Delaware #1)

1,000 meters

Yianna Antonopoulos.....	3:08.68 (Gotham)
Laura Heenan	3:09.14 (Thomson)
Meghan McGrath	3:19.49 (Fordham)
Brittany Wilder	3:24.33 (Gotham)

Mile

Christina Antonopoulos.....	5:10.86 (New Balance)
Yianna Antonopoulos	5:11.74 (New Balance)
Kellyn Wright.....	5:22.14 (Delaware #1)
Laura Heenan	5:31.69 (Delaware #1)
Kerrigan Smith	5:33.86 (Gotham)
Brooke Maguire	5:34.02 (Lehigh)
Meghan Weaver.....	5:34.87 (Fordham)
Stephanie LaFergola.....	5:44.40 (Ursinus)
Megan McGrath.....	5:48.54 (Gotham)
Brittany Wilder.....	5:50.74 (Ursinus)
Stephanie Taylor	5:52.03 (Lehigh)

3,000 meters

Brooke Maguire	10:40.90 (Gotham)
Kerrigan Smith	10:52.26 (Fordham)
Liz Paul	11:02.06 (Delaware #1)
Meghan Weaver.....	11:15.80 (Delaware #1)
Annie Kowtoniuk.....	11:16.23 (Gotham)
Stephanie LaFergola.....	11:23.58 (Thomson)
Stefanie Gordon.....	11:31.56 (Thomson)
Leslie Wason	11:32.75 (Thomson)
Julianne Twomey	11:39.43 (Ursinus)
Sarah Vernon.....	11:39.93 (Thomson)
Brittany Wilder	11:43.95 (Thomson)
Lauren Spratt.....	12:20.88 (Thomson)

5,000 meters

Brooke Maguire.....	18:39.71 (Delaware #1)
Liz Paul	19:35.59 (Gotham)
Annie Kowtoniuk	19:49.90 (Delaware #1)
Sarah Vernon.....	20:57.06 (Delaware #1)

Pole Vault

Kelli McDonald	12-1 1/2 (3.70m) (Princeton)
Laura Chirico	11-3 3/4 (3.45m) (NYU Fasttrack)
Beth Moore	8-6 1/4 (2.60m) (Delaware #1/Lehigh/Thomson)

Long Jump

Asha Quant	19 3/4 (5.81m) (Princeton)
Annie Fulton	15-9 1/2 (4.81m) (Pyrroh)
Minna Latortue.....	13-11 1/2 (4.25m) (Pyrroh)

Triple Jump

Annie Fulton	34-11 (10.64m) (Princeton)
--------------------	----------------------------

Shot Put

Rachel Young.....	46- 1/2 (14.03m) (Fordham)*
Amanda Marshall	44-0 (13.41m) (NYU Fasttrack)
Stephanie Cronk	34-8 1/4 (10.57m) (Gotham)

Weight Throw

Amanda Marshall	52-8 1/4 (16.06m) (Princeton)
Stephanie Cronk	45-1 (13.74m) (Pyrroh)