

2003
UNIVERSITY OF DELAWARE
WOMEN'S INDOOR TRACK & FIELD
RESULTS

| | | | |
|-------------|-------|---|---------------|
| Jan. | 10 | Delaware Invitational #1 | No Scoring |
| | 18 | Delaware Invitational #2 | 4th Place |
| | 25 | Maryland/PVA Invit. at Landover, MD | No Scoring |
| Feb. | 31-1 | National Open at Penn State | No Scoring |
| | 1 | Widener (PA) Invitational | No Scoring |
| | 8 | Navy Invitational | 5th Place |
| Mar. | 14-15 | Thomson Invitational at Delaware | 1st Place |
| | 21 | MAC/New Balance Open at N.Y. City Armory | No Scoring |
| | 28 | NYU Fastrack Invitational at N.Y. City Armory | No Scoring |
| | 7-8 | ECAC Championships at Reggie Lewis Center, Boston, MA | No Team Score |

Head Coach: Sue McGrath-Powell (302-831-8738)
 Home Meets at Delaware Field House

TOP TIMES

(Based on each athletes top time in event)

* = School Record

4 x 100 meter relay

Delaware1:29.71 (Widener)

4 x 400 meter relay

Delaware3:54.78 (NYU) *
 (Smith, Schultz, Frustillo, Gemmill)

4 x 440 yard relay

Delaware4:07.04 (Navy)

4 x 800 meter relay

Delaware10:14.44 (UD/Thomson)

4 x 880 yard relay

Delaware9:51.89 (Navy)

55 meters

Daniella Price.....7.30 (Navy)
 Jen McDonald.....7.74 (Widener)
 Amanda Crouse.....7.87 (Navy)
 Tehera Nesfield7.96 (Navy)
 Laura Dietrich.....8.40 (Widener)
 Fran Ritchie8.47 (Navy)

60 meters

Daniella Price.....7.88 (UD/Thomson) *
 Kristen Frustillo.....8.00 (NYU)
 Tyechia Smith.....8.25 (UD/Thomson)
 Elizabeth Russell8.36 (UD/Thomson)
 Jen McDonald.....8.48 (UD/Thomson)
 Amanda Crouse8.56 (UD/Thomson)
 Tehera Nesfield.....8.61 (UD/Thomson)
 Laura Dietrich9.19 (UD Inv. #2)
 Fran Ritchie.....9.19 (UD Inv. #2)

55 meter hurdles

Elizabeth Russell.....8.87 (Navy)
 Kim Rubin9.51 (Widener)

60 meter hurdles

Daniella Price9.45 (UD Inv. #1)
 Elizabeth Russell9.89 (UD Inv. #1/Penn State)
 Kimberly Rubin10.34 (UD/Thomson)

200 meters

Daniella Price.....25.56 (NYU) *
 Tyechia Smith.....25.85 (Penn State)
 Kristen Frustillo.....26.44 (Penn State)
 Sara Sievers27.58 (UD Inv. #1)
 Kim Rubin.....27.94 (MAC)
 Tehera Nesfield29.40 (Navy)

400 meters

Tyechia Smith58.01 (MAC) *
 Rachel Schultz58.92 (NYU)
 Kristen Frustillo.....1:00.71 (Navy)
 Sara Sievers.....1:01.12 (Navy)

500 Meters

Rachel Schultz.....1:18.56 (UD/Thomson)
 Tyechia Smith.....1:19.76 (Navy)
 Nicole Voight1:33.10 (UD/Thomson)

800 Meters

Erin Gemmill.....2:15.84 (Penn State) *
 Sarah Bochet2:24.35 (MAC)
 Allison Behrle2:33.12 (Maryland/PVA)
 Lauren Shaub.....2:34.23 (UD Inv. #1)
 Lisa Salvatore.....2:40.39 (Navy)
 Jenn Kutney.....2:40.92 (UD Inv. #1)
 Nicole Voight.....2:48.11 (UD Inv. #2)

1,000 Meters

Erin Gemmill.....2:56.25 (Navy)
 Sari Weissbard.....3:17.64 (UD Inv. #1)
 Lisa Salvatore3:28.12 (UD Inv. #1)
 Melissa Taylor.....4:07.31 (Navy)

1,500 Meters

| | |
|----------------|-------------------|
| Erin Gemmill | 4:38.59 (MAC) |
| Kate Klim | 5:04.91 (MAC) |
| Allison Behrle | 5:05.73 (MAC) |
| Lauren Shaub | 5:21.74 (Widener) |
| Mary Martini | 5:23.34 (Widener) |
| Lisa Salvatore | 5:36.85 (Widener) |
| Cristin Romano | 5:45.04 (Widener) |
| Nicole Voight | 6:08.15 (Widener) |
| Melissa Taylor | 6:19.77 (Widener) |

Mile

| | |
|----------------|----------------------|
| Erim Gemmill | 5:02.46 (Navy) |
| Allison Behrle | 5:32.45 (Navy) |
| Kate Klim | 5:37.14 (UD Inv. #1) |
| Lauren Shaub | 5:41.20 (Navy) |
| Lisa Salvatore | 5:51.0 (Navy) |
| Colleen Reid | 5:59.30 (Navy) |
| Tina Ward | 6:05.40 (Navy) |
| Tess Beinke | 6:33.40 (Navy) |
| Melissa Taylor | 7:08.22 (UD Inv. #2) |

3,000 Meters

| | |
|----------------|-----------------------|
| Kate Klim | 10:45.94 (UD/Thomson) |
| Jenn Kutney | 11:16.52 (UD Inv. #2) |
| Mary Martini | 11:31.59 (Navy) |
| Lisa Salvatore | 11:46.82 (UD/Thomson) |
| Colleen Reid | 11:50.93 (UD/Thomson) |
| Cristin Romano | 11:57.16 (UD/Thomson) |
| Tina Ward | 12:19.61 (Navy) |
| Erin Bortz | 12:20.90 (UD/Thomson) |
| Tess Beinke | 12:28.59 (UD Inv. #1) |
| Melissa Taylor | 14:16.78 (UD Inv. #1) |

5,000 Meters

| | |
|--------------|-----------------------|
| Mary Martini | 20:14.44 (UD/Thomson) |
| Tina Ward | 21:38.21 (UD/Thomson) |

Pole Vault

| | |
|-----------------|-----------------------------|
| Casey Bennett | 11 1/4 (Penn State) |
| Laura Matthey | 10-0 (Widener/Thomson) |
| Kristin Tunell | 10-0 (Widener/Navy/Thomson) |
| Reagan Hastings | 10-0 (Widener) |
| Amy Miller | 8-6 1/4 (UD Inv. #1) |

Long Jump

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|-------------------|-----------------------|
| Elisabeth Dean | 16-5 1/2 (UD Inv. #2) |
| Elizabeth Russell | 16-3 1/2 (UD Inv. #1) |
| Amanda Crouse | 15-11 (UD/Thomson) |
| Laura Dietrich | 14-8 1/4 (UD Inv. #1) |
| Fran Ritchie | 13-7 1/4 (UD/Thomson) |

High Jump

| | |
|-------------------|-------------------------|
| Elizabeth Russell | 4-11 3/4 (Maryland/PVA) |
|-------------------|-------------------------|

Triple Jump

| | |
|----------------|-----------------------|
| Laura Dietrich | 34-7 3/4 (Widener) |
| Amanda Crouse | 34-9 3/4 (UD/Thomson) |
| Fran Ritchie | 34 1/4 (Widener) |

Shot Put

| | |
|-------------------|-----------------------|
| Melissa Calvanico | 39 1/4 (Maryland/PVA) |
| Kerry Van Riper | 36-4 (UD Inv. #1) |
| Michelle Perno | 34 3/4 (Widener) |
| Lauren Palmer | 32-7 3/4 (UD Inv. #1) |

Weight Throw

| | |
|-------------------|-----------------------|
| Lauren Palmer | 42-3 1/4 (Widener) |
| Kerry Van Riper | 38-6 1/4 (UD Inv. #1) |
| Melissa Calvanico | 38-3/4 (UD Inv. #1) |
| Dawn'el Boucek | 34-5 (UD/Thomson) |