

**2004**  
**UNIVERSITY OF DELAWARE**  
**WOMEN'S INDOOR TRACK & FIELD**  
**FINAL RESULTS**

<b>Dec.</b>	6	Jack Pyrah Villanova/Haverford Inv. at HC ..No Score
<b>Jan.</b>	9	Delaware Invitational #1 .....No Score
	17	Delaware Invitational #2.....2nd Place
	24-25	Princeton Relays .....6th Place
	30-31	Penn State National Open.....No Score
	31	Covert Classic at Lehigh .....6th Place
<b>Feb.</b>	7-8	Thomson Invitational at Delaware.....No Score
	13-14	New Balance Armory Collegiate Invitational at NY City Armory .....23rd Place
	21	Princeton Invitational.....No Score
	27	New York University Last Chance Meet at NYC Armory .....No Score
<b>Mar.</b>	5-7	ECAC Championships at Boston MA .....44th Place

**Head Coach:** Sue McGrath-Powell (302-831-8738)  
Home Meets at Delaware Field House

### TOP TIMES

(Based on each athletes top time in event)

\* = School Record

#### 4x400 meter relay

Delaware A .....3:50.27 (ECAC) \*  
(Wright, Frustillo, Smith, Stille)

#### 4x800 meter relay

Delaware A.....10:21.18 (UD Inv. #2)

#### Distance Medley relay

Delaware .....13:05.82 (Thomson)

#### 55 meter hurdles

Vicki Hufnagel .....8.97 (Princeton #2)  
Elizabeth Russell.....9.17 (Princeton #2)

#### 60 meter hurdles

Mandy Stille.....9.00 (NYU)\*  
Elizabeth Russell .....10.41 (NYU)

#### 55 meters

Brittany Young.....7.37 (Villanova/Haverford)  
Kristen Frustillo.....7.48 (Villanova/Haverford)  
Elizabeth Russell .....7.83 (Villanova/Haverford)

#### 60 meters

Brittany Wright.....7.88 (NYU)\*  
Kristen Frustillo.....8.00 (UD Inv. #1)  
Tyechia Smith .....8.20 (UD Inv. #2)  
Mandy Stille.....8.24 (UD Inv. #1)  
Cierra Green.....8.63 (UD Inv. #1)

#### 200 meters

Tyechia Smith .....25.96 (UD Inv. #2)  
Brittany Wright .....25.96 (Penn State)  
Kristen Frustillo .....26.02 (Penn State/Armory)  
Mandy Stille.....26.61 (Thomson)  
Rachel Schultz.....28.41 (Covert)  
Cierra Green.....28.79 (UD Inv. #1)  
Victoria Hufnagel.....28.85 (Covert)

#### 300 meters

Brittany Wright .....43.14 (Villanova/Haverford)  
Kristen Frustillo.....43.79 (Villanova/Haverford)

#### 400 Meters

Tyechia Smith.....56.83 (Armory)  
Brittany Wright .....58.24 (NYU)  
Kristen Frustillo.....58.72 (NYU)  
Rachel Schultz.....1:00.48 (Armory)  
Victoria Hufnagel.....1:02.74 (NYU)  
Rebecca Seery .....1:05.19 (Princeton)  
Cierra Green.....1:05.47 (Princeton/Covert)  
Laura Heenen .....1:06.22 (UD Inv. #2)

#### 500 Meters

Tyechia Smith.....1:15.70 (NYU)\*  
Sarah Bochet .....1:20.6 (Penn State)  
Rebecca Seery.....1:23.95 (Princeton #2)  
Laura Heenan.....1:24.36 (Princeton #2)  
Toni Riggi .....1:25.20 (Thomson)  
Maria DiMarzio.....1:26.21 (UD Inv. #2)  
Veronica Welsh.....1:28.01 (Covert)  
Kim McCartney.....1:28.53 (Covert)

#### 800 Meters

Sarah Bochet .....2:22.55 (Princeton #2)  
Maria DiMarzio .....2:29.38 (NYU)  
Toni Riggi .....2:29.67 (Princeton)  
Rebecca Seery.....2:31.58 (UD Inv. #2)  
Laura Heenan .....2:34.82 (Princeton)  
Veronica Welsh .....2:37.33 (UD Inv. #2)  
Mandy Stille.....2:40.8 (Princeton Pentathlon)  
Jacqueline Gierer.....2:50.47 (Covert)  
Kim McCartney.....2:52.83 (UD Inv. #1)  
Kristine Marsh.....2:55.14 (Covert)

#### 1,000 Meters

Toni Ricci .....3:13.04 (Princeton #2)  
Veronica Welsh.....3:14.38 (Princeton #2)  
Lisa Salvatore .....3:28.88 (UD Inv. #2)  
Jacqueline Gierer.....3:32.96 (Thomson)  
Kristine Marsh .....3:43.56 (UD Inv. #1)

**Mile**

Sarah Bochet.....	5:39.73 (UD Inv. #2)
Toni Riggi .....	5:41.30 (UD Inv. #1)
Meghan Weaver.....	5:44.31 (Covert)
Colleen Reid.....	5:58.95 (Thomson)
Jenn Kutney.....	5:59.84 (Thomson)
Lisa Salvatore .....	6:02.29 (Thomson)
Kristine Marsh.....	6:04.07 (Covert)
Lauren Shaub.....	6:09.08 (UD Inv. #1)
Jacqueline Gierer.....	6:12.86 (Covert)
Danielle Ward.....	6:23.72 (Thomson)

**3,000 Meters**

Meghan Weaver.....	10:54.07 (Princeton)
Leslie Wason .....	11:27.58 (Thomson)
Colleen Reid .....	11:29.31 (Princeton #2)
Jenn Kutney.....	11:36.32 (Thomson)
Lauren Shaub.....	11:59.98 (Covert)
Danielle Ward.....	12:13.22 (Covert)
Lisa Salvatore.....	12:31.90 (Covert)

**5,000 Meters**

Danielle Ward.....	21:03.18 (Thomson)
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**Pole Vault**

Casey Bennett .....	12-6 (Princeton/Penn State)*
Reagan Hastings .....	9-6 1/4 (Thomson)
Amy Miller .....	8-0 1/2 (Thomson)
Ashley Olsen.....	8-0 1/4 (UD Inv. #1)

**Long Jump**

Mandy Stille .....	18-10 3/4 (NYU)*
Lissy Dean .....	17-8 (Villanova/Haverford)
Elizabeth Russell.....	16-5 1/2 (Princeton #2)

**Triple Jump**

Lissy Dean .....	37-9 1/4 (Villanova/Haverford)*
Mandy Stille .....	36-10 1/4 (Thomson)

**High Jump**

Elizabeth Russell.....	4-11 (Thomson)
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**Shot Put**

Rachel Young.....	43-11 1/4 (UD Inv. #1)*
Jessica Urbonas .....	38-3 1/4 (Covert)
Stephanie Cronk.....	34-3 1/2 (UD Inv. #2)
Mandy Stille .....	33-7 (Princeton Pentathlon)
Jacqueline Scogna.....	32-1 1/2 (Villanova/Haverford)
Lauren Palmer .....	31-9 1/2 (UD Inv. #1/Thomson)

**Weight Throw**

Jacqueline Scogna.....	45-2 1/2 (Villanova/Haverford)
Jessica Urbonas.....	41-9 1/4 (Thomson)
Stephanie Cronk.....	39-5 (UD Inv. #2)
Rachel Young .....	38-9 3/4 (UD Inv. #1)
Lauren Palmer .....	38-7 (Thomson)
Kathleen Collins .....	31-4 3/4 (UD Inv. #1)

**Pentathlon**

Mandy Stille .....	3,279 points (Princeton Pentathlon)*
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