

2007
UNIVERSITY OF DELAWARE
WOMEN'S OUTDOOR TRACK & FIELD
FINAL RESULTS & TOP TIMES

Mar.	24	Towson Invitational.....	No Scoring
	30-31	Winthrop Invitational	No Scoring
Apr.	6	Colonial Relays at Wm. & Mary	11th Place (Day 2 canceled)
	7	Penn Invitational	No Scoring
	14	Rider Invitational	2nd Place
	20-21	Colonial Athletic Association Championships at James Madison	7th Place
	26-27	Penn Relays	No Scoring
	28	Lehigh Games.....	No Scoring
May	5	Delaware Open.....	No Scoring
	11-13	ECAC Championships at Princeton	44th Place

Head Coach: Sue McGrath-Powell (302-831-8738)

Home Meets at Delaware Mini-Stadium

TOP TIMES

(Based on each athletes top time in event) *= School Record

4 x 100 meter relay

Delaware	47.22 (Delaware Open)
(B. Wright, Quant, Price, Harvin)	
Delaware	47.66 (ECAC)
(Price, Harvin, Quant, B. Wright)	

4 x 200 meter relay

Delaware	1:42.40 (Penn Relays)
(B. Wright, Quant, Price, Harvin)	

4 x 400 meter relay

Delaware	3:49.29* (ECAC)
(Price, Harvin, Marquez, Quant)	
Delaware	3:49.46 (CAA)
(Marquez, K. Wright, Harvin, Quant)	

4 x 800 meter relay

Delaware	10:14.15 (Rider)
(C. Antonopoulos, Y. Antonopoulos, Schmiedel, McGrath)	

100 meter hurdles

Alexi Capsouras	14.75 (CAA)
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400 meter hurdles

Alexi Capsouras.....	1:03.68 (CAA)
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100 meters

Asha Quant	12.35 (Winthrop)
Daniella Price	12.57 (Winthrop)
Brittany Wright	12.61 (Colonial)

200 meters

Asha Quant	25.04 (Winthrop)
Liz Harvin	25.63 (CAA)
Cristine Marquez	25.64 (Delaware Open)
Brittany Wright	26.36 (Rider)
Daniella Price	26.40 (Towson)

400 meters

Cristine Marquez	* 55.34 (CAA)
Asha Quant	56.95 (Delaware Open)
Liz Harvin	1:00.58 (Winthrop)
Daniella Price	1:02.64 (Towson)

800 meters

Cristine Marquez	2:15.74 (CAA)
Kellyn Wright	2:18.78 (CAA)
Christina Antonopoulos	2:19.82 (Lehigh)
Stephanie Taylor	2:23.92 (Delaware Open)
Yianna Antonopoulos	2:27.12 (Winthrop)
Meghan Weaver	2:38.22 (Towson)
Michelle Kocher	2:39.19 (Rider)
Brittany Wilder	2:40.63 (Rider)
Stephanie Lafergola	2:41.07 (Towson)

1,500 meters

Christina Antonopoulos	4:39.17 (CAA)
Yianna Antonopoulos	4:53.01 (Winthrop)
Kellyn Wright	4:53.45 (Winthrop)
Annie Kowtoniuk	5:09.83 (Lehigh)
Meghan Weaver	5:12.11 (Towson)
Lindsay Schmiedel	5:13.07 (Rider)
Liz Paul	5:13.54 (Rider)
Sarah Vernon	5:17.51 (Delaware Open)
Lexi Ambrogi	5:17.68 (Rider)
Leslie Wason	5:23.55 (Lehigh)
Stefanie Gordon	5:23.74 (Lehigh)
Stephanie Lafergola	5:23.93 (Delaware Open)
Brittany Wilder	5:26.30 (Lehigh)
Michelle Kocher	5:31.11 (Rider)
Meredith Allen	5:32.48 (Towson)
Megan McGrath.....	5:32.49 (Rider)
Julianne Twomey.....	5:42.44 (Lehigh)
Amanda McGowan	6:01.05 (Towson)

- over for more -

3,000 meter steeplechase

Annie Kowtoniuk	11:52.88 (CAA)
Julia Somers	12:06.47 (Delaware Open)
Leslie Wason	12:52.47 (Towson)
Julianne Twomey	13:04.55 (Penn)
Brittany Wilder	13:12.92 (Towson)
Megan McGrath	13:27.77 (Towson)

3,000 meters

Christina Antonopoulos	10:49.68 (Delaware Open)
Meghan Weaver	11:29.56 (Delaware Open)
Stefanie Gordon	11:54.05 (Delaware Open)
Leslie Wason	12:00.07 (Delaware Open)
Michelle Kocher	12:22.63 (Delaware Open)
Karin Johnson	13:08.70 (Delaware Open)

5,000 meters

Yianna Antonopoulos	18:23.93 (Penn)
Julia Somers	18:24.24 (Penn)
Liz Paul	19:28.91 (Winthrop)
Lexi Ambrogi	19:45.22 (Penn)
Lindsay Schmiedel	19:46.89 (Winthrop)
Meghan Weaver	19:50.53 (Penn)
Stephanie LaFergola	19:53.96 (Penn)
Sarah Vernon	20:00.36 (Winthrop)
Stefanie Gordon	20:41.70 (Rider)
Lauren Spratt	22:42.78 (Towson)

10,000 meters

Julia Somers	39:00.51 (CAA)
Liz Paul	39:32.54 (CAA)
Sarah Vernon	43:02.98 (CAA)

Pole Vault

Kelli McDonald	11-11 3/4 (3.65m) (Rider)
Laura Chirico	11-5 3/4 (3.50m) (Rider/Lehigh/Del. Open)
Beth Moore	8-5 1/2 (2.58m) (Delaware Open)

Long Jump

Asha Quant	19-8 (5.99m) (CAA)
Annie Fulton	16-1 1/2 (4.91m) (Lehigh)
Minna Latortue	14-1 3/4 (4.31) (Delaware Open)

Triple Jump

Annie Fulton	35 1/4 (10.67m) (Lehigh)
Minna Latortue	33-8 (10.26m) (Delaware Open)

Shot Put

Rachel Young	42-9 (13.03m) (ECAC)
Amanda Marshall	41-2 1/2 (12.56m) (Rider)

Hammer Throw

Rachel Young	152-3 (46.41m) (Rider)
Amanda Marshall	149-6 (45.58m) (Lehigh)
Stephanie Cronk	141-7 (43.15m) (Lehigh)

Discus

Amanda Marshall	144-4 (44.00m) (CAA)*
Rachel Young	139-0 (42.38m) (Lehigh)
Stephanie Cronk	128-3 (39.10m) (CAA)
Lauren Murray	125-3 (38.19m) (Rider)
Jennifer Kramer	120-6 (36.74m) (CAA)

Javelin

Stephanie Cronk	117-6 (35.81m) (CAA)
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