

2002-2003
UNIVERSITY OF DELAWARE
WOMEN'S SWIMMING RESULTS (7-4)

Nov.	1	at George Mason.....L	106-135
	2	at GeorgetownW	161.5-72.5
		Georgia SouthernW	139-92
Dec.	16	at Drexel.....W	146-79
	23	RiderW	154-83
	6-7	Delaware Invitational (Lehigh, LaSalle).....	1st Place
Jan.	31	Ed Kennedy Meet at Fort Lauderdale, FL ..	2nd Place
	11	at Towson.....L	115-122
	25	Loyola.....W	185-105
Feb.	29	at BinghamtonL	113-117
		LafayetteW	164-69
	1	at James Madison.....L	139-158
Mar.	6	Howard.....W	160-53
	19-22	Colonial Athletic Association Championships at George Mason.....	4th Place
	28-2	ECAC Championships at Pittsburgh	9th Place
	14-16	NCAAZone A Diving Regions at University of Buffalo	No Team Scoring

Head Coach: John Hayman (831-8604)
Home Meets at Rawstrom Pool

TOP TIMES
(Based on each swimmers best time)

1-Meter Diving (6 dives)

Julie Van Deusen279.95 (UD Invitational)

3-Meter Diving (6 dives)

Julie Van Deusen316.35 (Rider)

3-Meter Diving (11 dives)

Julie Van Deusen526.65 (UD Invitational)

200 Medley Relay

Delaware1:47.35 (CAA)

400 Medley Relay

Delaware3:52.19 (CAA)

200 Freestyle Relay

Delaware1:38.60 (CAA)

400 Freestyle Relay

Delaware3:32.94 (CAA)

800 Freestyle Relay

Delaware7:43.61 (ECAC)

50 Freestyle

Jill Fitzgerald.....	24.49 (CAA)
Lindsay Dellavalle	25.37(CAA)
Megan Marshall	25.46 (CAA)
Sandy Stephens	25.48 (Drexel)
Sara Cierski	25.61 (CAA)
Sara Stephens.....	25.95 (Rider/Binghamton/Lafayette)
Kristin Avioli	25.76 (CAA)
Chrissy Kapelewski	25.93 (Geo. Mason)
Julie Van Deusen.....	26.67 (Howard)
Ashley Husich.....	27.04 (CAA)
Nicole Helmers	27.08 (Howard)
Laura Robinson	27.14 (UD Invitational)

100 Freestyle

Jill Fitzgerald.....	52.97 (CAA)
Sandy Stephens	55.01 (Loyola)
Megan Marshall	55.27 (CAA)
Chrissy Kapelewski.....	55.31 (CAA)
Sara Cierski	56.08 (CAA)
Lindsay Dellavalle.....	57.53 (Geo. Mason)
Laura Robinson	58.10 (Towson)
Aidan Hausmann	59.95 (GT/GSU)

200 Freestyle

Jill Fitzgerald	1:54.88 (CAA)
Chrissy Kapelewski	1:57.75 (CAA)
Sarah Peffer	1:57.92 (Geo. Mason)
Sandy Stephens.....	1:58.99 (Binghamton/Lafayette)
Janine Janoski.....	2:00.35 (CAA)
Megan Petry.....	2:01.37 (Howard)
Megan Marshall	2:02.28 (Howard)
Sara Cierski.....	2:02.60 (UD Invitational)
Erin Colbert.....	2:02.98 (Rider)
Aidan Hausmann.....	2:03.10 (UD Invitational)
Shannon Duggan.....	2:03.21 (Geo. Mason)
Laura Robinson	2:05.14 (Loyola)
Sarah Bacewicz	2:07.62 (Howard)

500 Freestyle

Sarah Peffer.....	4:58.26 (CAA)
Megan Petry	5:07.55 (CAA)
Erin Colbert.....	5:13.17 (ECAC)
Kim Fields	5:16.02 (CAA)
Megan Petry.....	5:20.13 (Howard)
Sara Cierski.....	5:22.59 (CAA)
Aidan Hausmann	5:24.42 (Drexel)
Laura Robinson.....	5:27.17 (JMU)
Shannon Duggan	5:27.47 (Howard)
Sara Cierski	5:31.02 (Loyola)
Colleen Maschal.....	5:31.18 (Binghamton/Lafayette)
Nicole Helmers.....	5:37.08 (Loyola)

1,000 Freestyle

Sarah Peffer	10:25.24 (Howard)
Meghan Petry	10:35.23 (Rider)
Kim Fields	10:37.52 (Geo. Mason)
Erin Colbert	10:54.14 (Loyola)
Aidan Hausmann	11:09.97 (Rider)
Nicole Helmers	11:19.64 (Loyola)
Sara Cierski	11:23.88 (Howard)
Colleen Maschal	11:27.28 (Drexel)
Janine Janoski	11:49.95 (Howard)

1,650 Freestyle

Sarah Peffer	17:04.60 (CAA)
Meghan Petry	17:25.73 (CAA)
Kim Fields	17:36.36 (CAAA)
Erin Colbert	17:51.40 (CAA)
Nicole Helmers	19:01.16 (UD Invitational)

200 Individual Medley

Sandy Stephens	2:05.62 (CAA)
Sara Stephens	2:08.80 (CAA)
Sarah Peffer	2:12.25 (Howard)
Shannon Duggan	2:16.44 (CAA)
Kim Fields	2:17.31 (Loyola)
Chrissy Kapelewski	2:17.56 (Howard)
Lindsay Mathers	2:19.00 (UD Invitational)
Krysta Wasiewski	2:19.32 (Rider)
Colleen Maschal	2:21.71 (Rider)
Sarah Bacewicz	2:23.94 (UD Invitational)

400 Individual Medley

Sarah Peffer	4:26.78 (CAA)*
Sara Stephens	4:41.68 (UD Invitational)
Meghan Petry	4:42.98(CAA)
Lindsay Mathers	4:48.35 (CAA)
Colleen Maschal	4:52.63 (JMU)
Shannon Duggan	4:54.16 (Binghamton/Lafayette)
Nicole Helmers	4:58.22 (Binghamton/Lafayette)

100 Butterfly

Sara Stephens	57.42 (CAA)
Sandy Stephens	58.81 (JMU)
Ashley Husich	1:00.53 (CAA)
Sarah Bacewicz	1:02.00 (Howard)
Lindsay Mathers	1:02.38 (Howard)
Krysta Wasiewski	1:02.61 (CAA)
Laura Robinson	1:03.91 (Howard)
Lindsay Dellavalle	1:04.03 (UD Invitational)

200 Butterfly

Sarah Peffer	2:06.58 (ECAC)
Sara Stephens	2:06.81 (CAA)
Sandy Stephens	2:11.43 (Drexel)
Meghan Petry	2:13.60 (Binghamton/Lafayette)
Lindsay Mathers	2:13.83 (UD Invitational)
Ashley Husich	2:13.85 (CAA)
Sarah Bacewicz	2:18.14 (UD Invitational)

100 Backstroke

Kristen Avioli	59.03(CAA)
Krysta Wasiewski	1:00.77 (ECAC)
Megan Marshall	1:02.17 (CAA)
Janine Janoski	1:03.13 (UD Invitational)
Erin Colbert	1:04.43 (Loyola)
Kim Fields	1:04.97 (Howard)
Chrissy Kapelewski	1:05.47 (UD Invitational)
Nicole Helmers	1:08.49 (Howard)

200 Backstroke

Krysta Wasiewski	2:10.59 (CAA)
Erin Colbert	2:12.12 (CAA)
Kim Fields	2:12.59 (Geo. Mason)
Janine Janoski	2:15.15 (UD Invitational)
Kristen Avioli	2:15.24 (Binghamton/Lafayette)
Chrissy Kapelewski	2:18.18 (Geo. Mason)
Meghan Petry	2:21.20 (GT/GSU)
Nicole Helmers	2:24.02 (JMU)
Aidan Hausmann	2:28.57 (UD Invitational)

100 Breaststroke

Sandy Stephens	1:04.26 (CAA)
Shannon Duggan	1:09.46 (CAA)
Sara Stephens	1:10.70 (Loyola)
Lindsay Mathers	1:11.49 (Howard)
Colleen Maschal	1:13.27 (Loyola)
ChrissyKapelewski	1:15.36 (JMU)
Nicole Helmers	1:21.69 (UD Invitational)

200 Breaststroke

Sandy Stephens	2:20.15 (CAA)
Sara Stephens	2:29.63 (GT/GSU)
Shannon Duggan	2:29.83 (CAAA)
Lindsay Mathers	2:31.00 (CAA)
Colleen Maschal	2:37.22 (JMU)

Long Course Meter Times

200 Medley Relay

Delaware	2:06.55 (Ed Kennedy)
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200 Freestyle Relay

Delaware	2:04.55 (Ed Kennedy)
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150 Butterfly Relay

Delaware	1:36.35 (Ed Kennedy)
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150 Backstroke Relay

Delaware	1:38.91 (Ed Kennedy)
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150 Breaststroke Relay

Delaware	1:51.59 (Ed Kennedy)
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200 Freestyle

Sarah Peffer	2:17.39 (Ed Kennedy)
Meghan Petry	2:18.84 (Ed Kennedy)

50 Freestyle

Jill Fitzgerald	29.54 (Ed Kennedy)
Megan Marshall	30.03 (Ed Kennedy)