

## **Blue Hen Field Hockey Play Day**

The Blue Hen Play Day is designed to provide young field hockey athletes with an opportunity to learn new skills, drills, meet the Blue Hen's and have fun! This half-day field hockey session is full of shooting drills and game play! We invite you to come out to Newark, DE and experience Blue Hen Field Hockey! Participants will receive individual instruction.

### **Camp Date:**

February 25, 2012 10AM-4PM

April 29, 2012 10AM-4PM

### **Play Day Fee:**

\$50 Individual Registration

### **Location:**

The Delaware Field House

### **Participants:**

Girls ages 10-18

### **Attire:**

Sports clothes, sneakers or indoor shoes. Shin guards and mouth guards are required. Please bring your own stick. Goal Keepers must bring their own gear.

### **Tentative Schedule:**

9:30AM - Registration

10AM - Warm up

10:15AM - Shooting Drills

10:45AM - Small Game Situations

11:15AM - Scrimmage

11:45AM - Cool Down

12PM - Lunch Break

1PM - Warm up

1:15PM - Skills and Drills

1:45PM - More Shooting Drills

2:15PM - Specialty Skills

2:45PM - Scrimmage

3:15PM - Cool down and Wrap up

Play Day under the direction  
University of Delaware Head Coach  
Rolf van de Kerkhof

*Hockey Fun*



**DELAWARE FIELD HOCKEY**  
[www.delawarefieldhockey.net](http://www.delawarefieldhockey.net)

**University of Delaware**



# **Blue Hen Field Hockey**

*Fun-Play-Days*

February 25, 2012

April 29, 2012

*Play*

*Train*

*Learn*

*Compete*

*&*

*Win Together*

**Blue Hen Field Hockey Play Day**

## Athlete Information

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
High School: \_\_\_\_\_  
Graduation Year: \_\_\_\_\_  
E-mail: \_\_\_\_\_

Likes to register for Play Day:  
Feb 25: \_\_\_\_\_  
April 29: \_\_\_\_\_

Delaware Field Hockey Play Day Fee: \$50 per  
Individual Registration / per Play Day.

***Please return this completed for to:***  
***Delaware Field Hockey***  
***302 Delaware Field House***  
***621 S. College Avenue***  
***Newark, DE 19716***

***Please make checks payable to:***  
***University of Delaware***

## Medical Authorization:

\_\_\_\_\_,  
as parent or legal guardian of the  
participant named above, I hereby  
authorize the director of the clinic and his  
subordinates, to seek any medical and/or  
surgical treatment, which is reasonably  
thought to be necessary for the care of my  
child. The program director is authorized to  
provide medical treatment for my child, and  
I shall be fully responsible for honoring such  
costs. I also authorize the medical facility

to release all information needed to  
complete insurance claims. I authorize  
insurance payment directly to the medical  
facility.

\_\_\_\_\_  
Signature (Parent or Guardian)      Date

## Medical Authorization Form Continued

Participants Name: \_\_\_\_\_

List any medical conditions that Play Day  
personnel should be aware of (please use  
additional pages if necessary):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any medications currently taking:

\_\_\_\_\_  
\_\_\_\_\_

## In case of emergency please contact:

Name of Parent or Legal Guardian:

\_\_\_\_\_  
Day time Phone: \_\_\_\_\_

Night Time Phone: \_\_\_\_\_

Medical Insurance

Company: \_\_\_\_\_

Telephone Insurance

Company: \_\_\_\_\_

Insurance Policy

Numbers: \_\_\_\_\_

## Questions?

**Please contact Laree Beans,**  
Assistant Coach-University of Delaware  
**302-831-0881 / beansl@udel.edu**

## Directions to Play Day Site

### University of Delaware Campus:

### Delaware Field House (DFH):

#### From the North and the East :

I-95 South to Delaware exit 1-B, Route 896 north.  
Delaware Field House is located on the right, after  
Routes 4/896 intersection and adjacent to the Bob  
Carpenter Center and Delaware Stadium.

#### From the South and the West:

I-95 North to Maryland Exit 109B, Route 279 N  
(also called Route 2). Proceed on this road which  
becomes Elkton Road into Newark. Turn right at  
the intersection of Routes 2 (279) and 4. Turn left  
at intersection of Routes 4/896. The DFH is located  
on the right, adjacent to the Bob Carpenter Center  
and Delaware Stadium.

### Parking:

Please park in front of or to the side of the  
Delaware Field House.

**LIMITED SPACE REGISTER EARLY!**

**You will receive confirmation via e-mail**

# Hockey Fun



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[www.delawarefieldhockey.net](http://www.delawarefieldhockey.net)